

Princeton University Class of 1975

35th Reunion 2010



Table of Contents

Survey Method	3
Who replied to the survey	4
Our families	5
Children	9
Our Careers	14
Career transitions	17
Graduate education	18
Retirement	27
Our Lifestyles	30
Reading	31
TV	33
Alcohol, drugs, sex	46
Politics	56
Dealing with Aging	61
Words of Wisdom	71

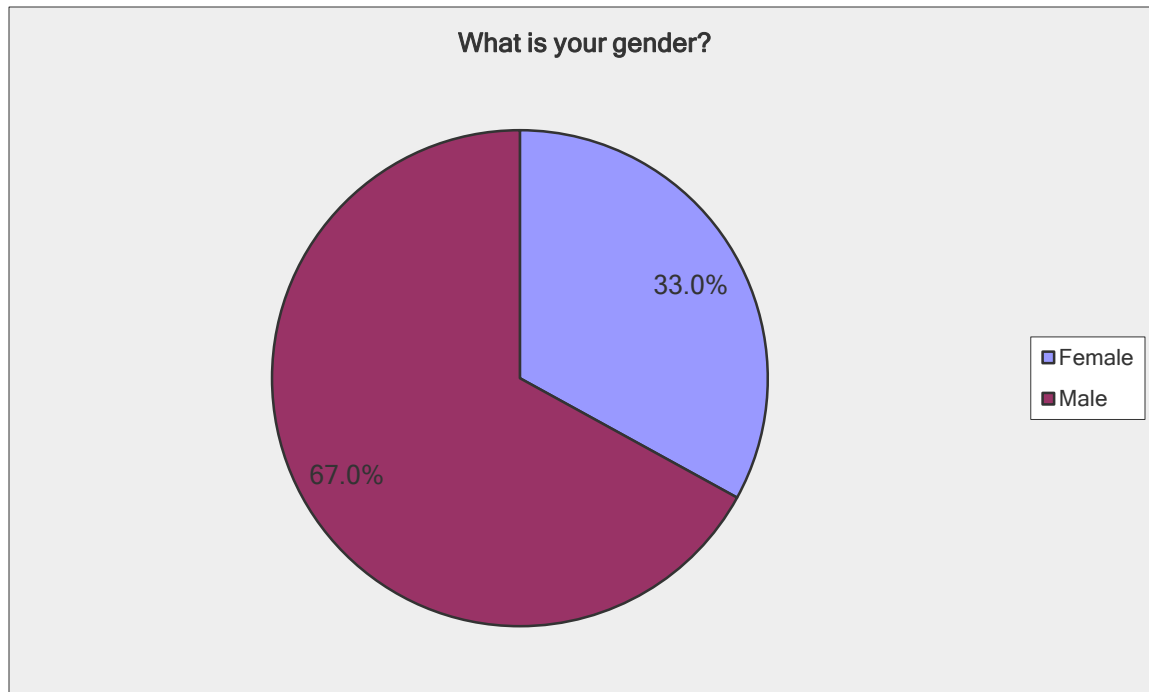


Survey Method

- Electronic Survey with email link sent to class members on the email list—about 700 persons.
 - Another 400 or so class members are not on the email list and did not receive the survey.
- The Alumni Council provided more than half the questions in a set to be used by all major reunion classes.
- Data collected April – May 2010
- 326 responses
- An Appendix has data tables and complete open-ended comments. That is a separate document in word format. Look for the link on the class webpage.



Who replied



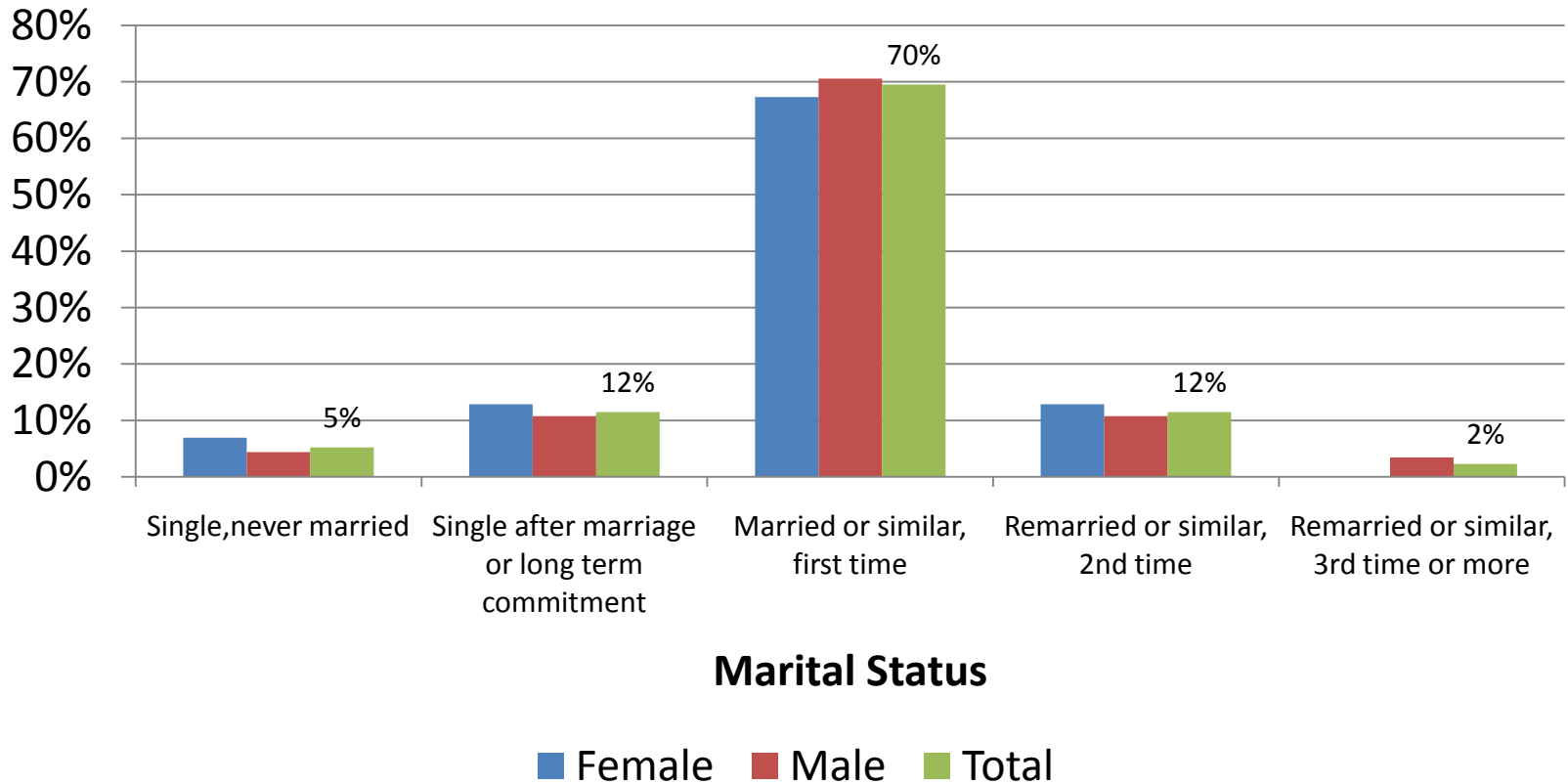
67% of respondents are male.

33% of respondents are female.

This is close to the actual proportions in the class of 71 % male, 29% female.



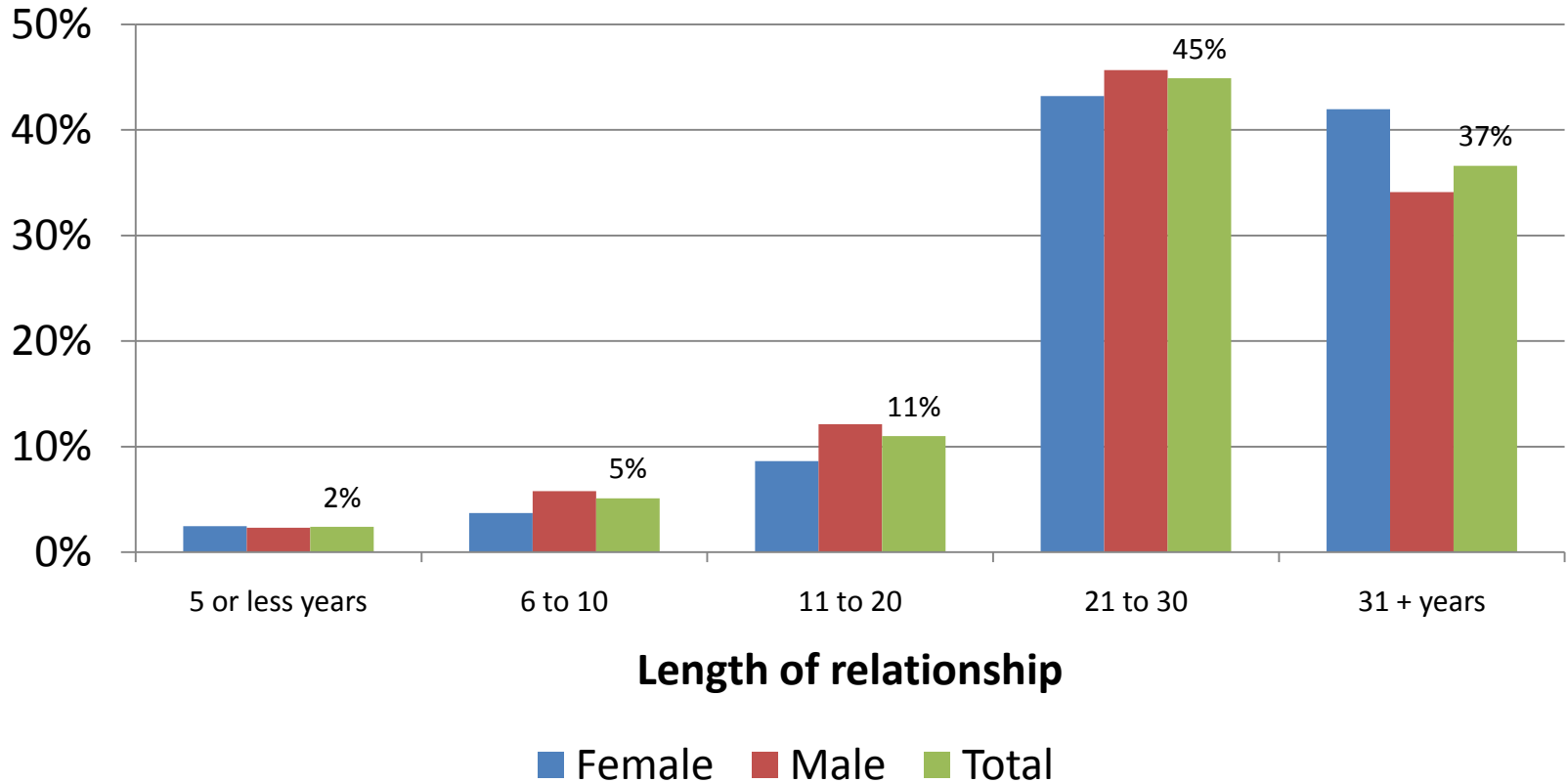
Our Families



- 7 out of 10 are in first marriages.



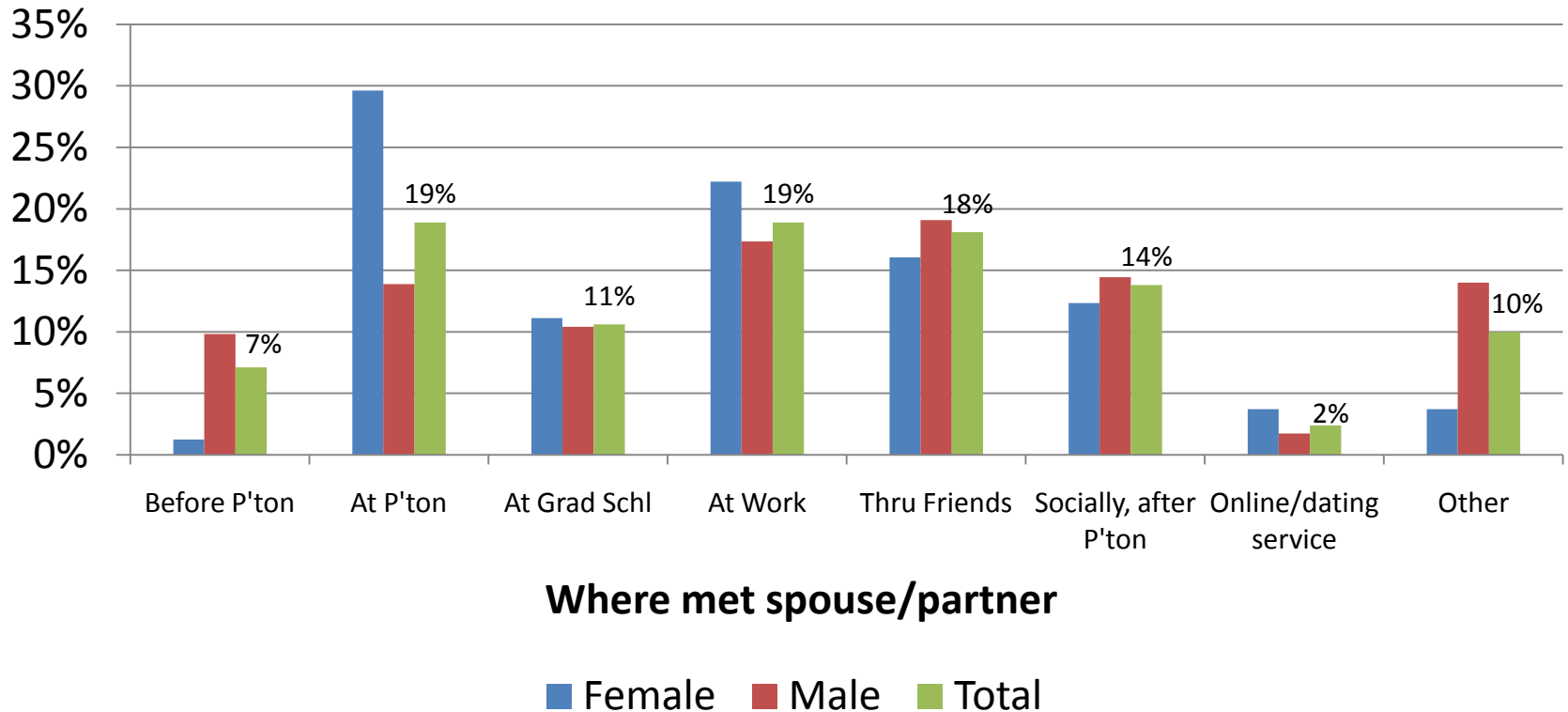
Our Families



- 8 out of 10 relationships have lasted 21 years or more.



Our Families



- One out of 5 met at Princeton.



Our Families

- By a totally unscientific perusal of prior yearbooks published at reunions, it seems that 86 classmates married another classmate (43 females, 43 males), and another 37 females and 36 males married a Princetonian from another class. That means about one-quarter of the females and one-tenth of the males in the Class of 1975 married a Princetonian. Not everyone has filled out information in yearbooks, so this is the minimum number.



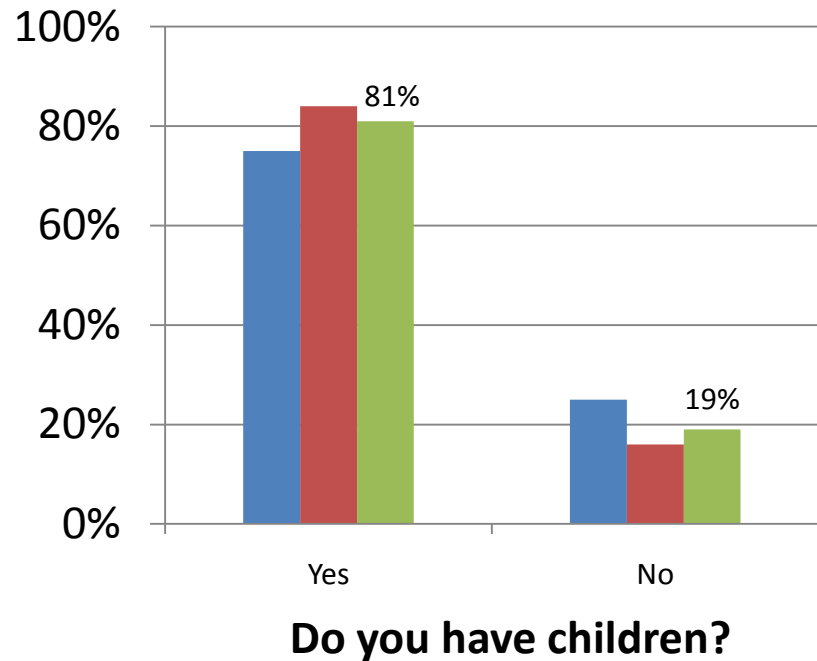
Our Families

8 out of 10 have children
3 out of 4 women have children

For those who have children,
average number is 2.3,
2.1 for females
2.4 for males.

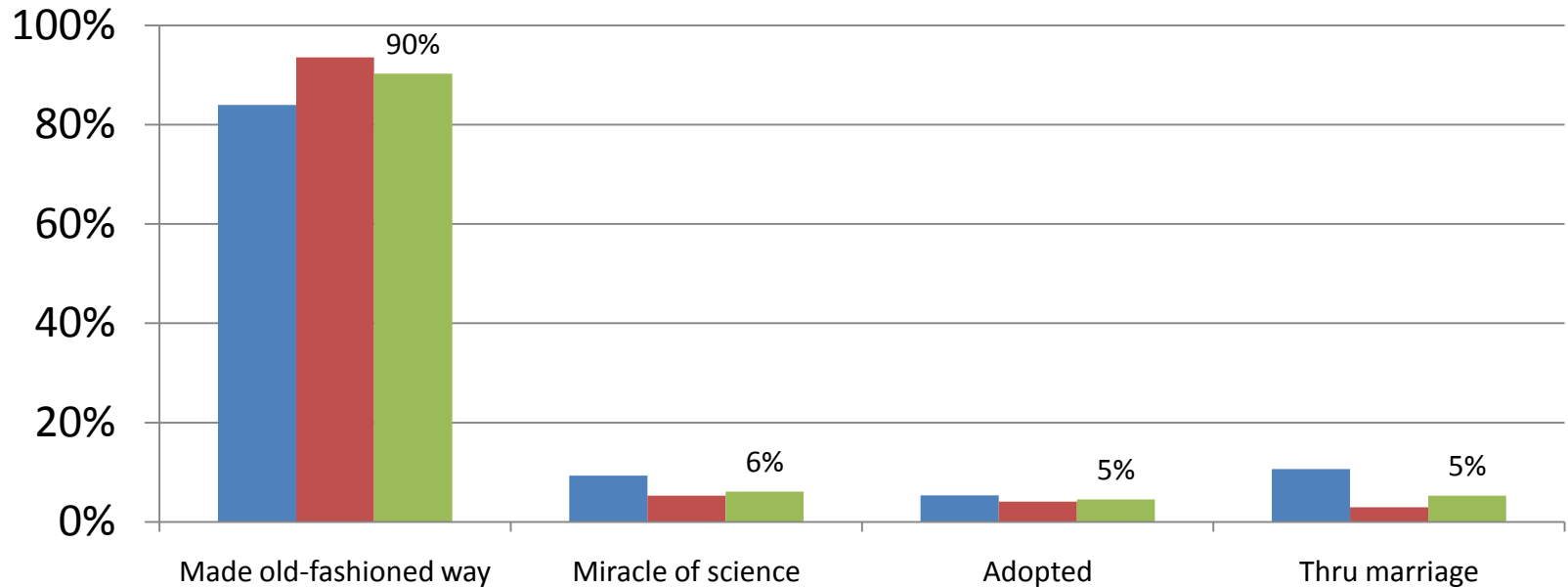
For those who have children,
the range is from 1-5 for
females, 1-7 for males.

Average 11 years after
Princeton for first child to be
born—12.3 for females, 10.7 for
males.



■ Female ■ Male ■ Total

Our Families



How acquired children

more than one response allowed

■ Female ■ Male ■ Total

9 out of 10 became parents the old-fashioned way.



Our Families

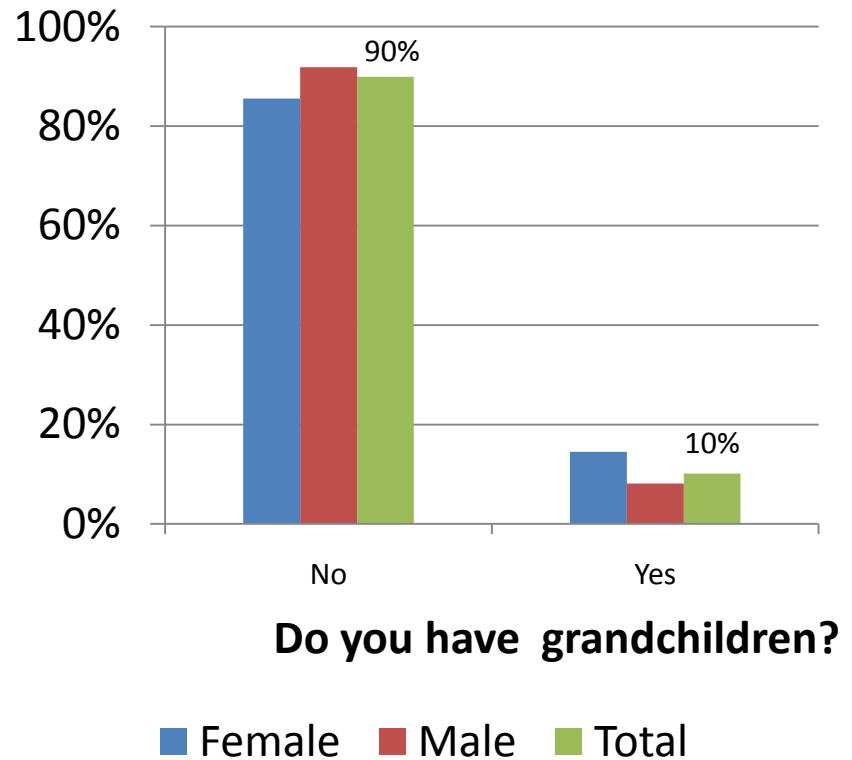
1 out of 10 have grandchildren

For those who have grandchildren, average number is 2.9,

3.4 for females

2.5 for males.

For those who have grandchildren, the range is from 1-5 for females, 1-8 for males.



Our Families

When the kids leave home, we will

More than one response allowed.

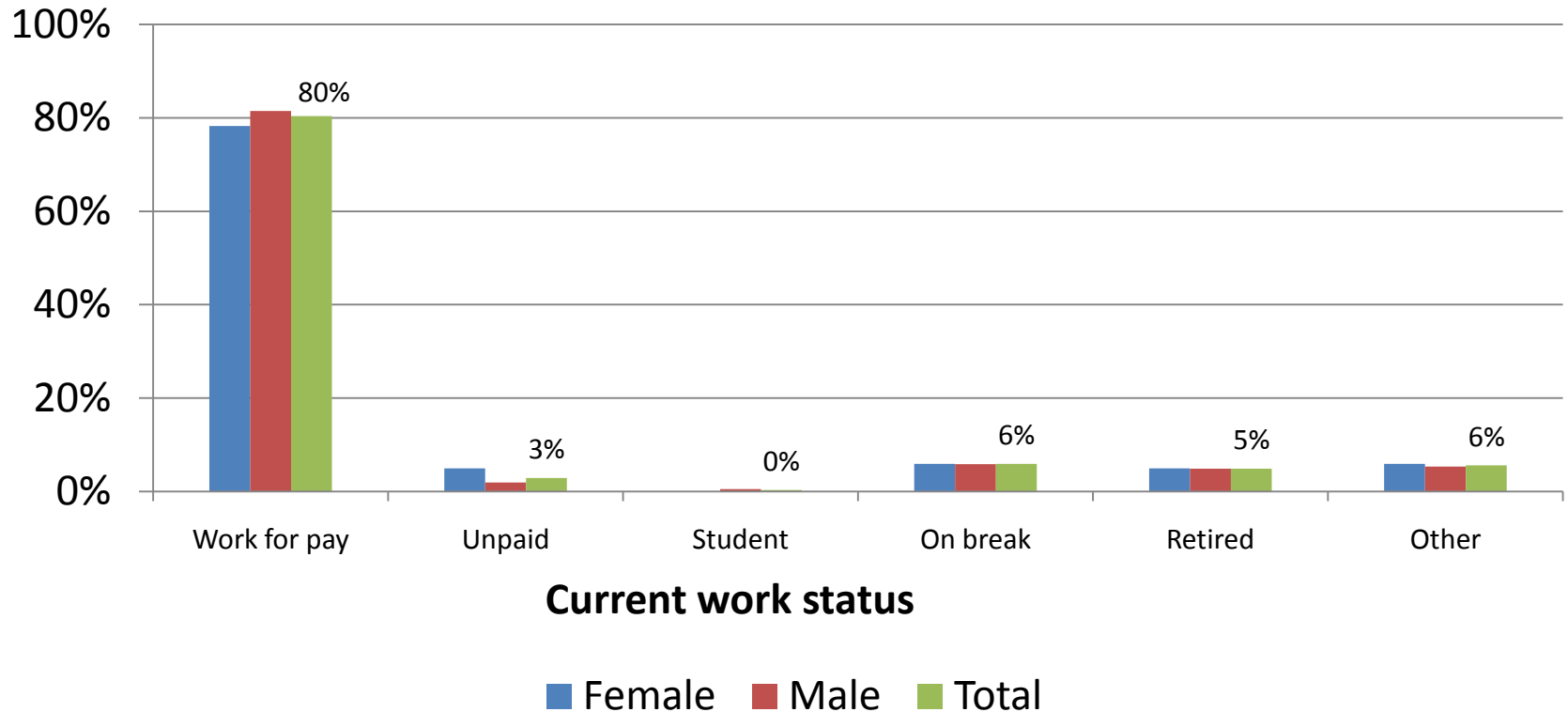
	Females	Males	Total
Travel More	78%	52%	57%
No Changes	17	29	26
Start something new	41	18	23
Work More	39	14	19
New Hobby	31	14	18
Be bereft	9	6	6
Get a dog	9	2	3
Get divorced	0	2	1
Finally get to ...	39	15	20

Our Families

- More than half of respondents will travel more when their nest is empty.
 - About a quarter will make no changes.
 - Others will finally get to go out more, spend more time with spouse, play more sports, volunteer, downsize, or relocate.
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- See Appendix page 6 for more comments (in separate file)



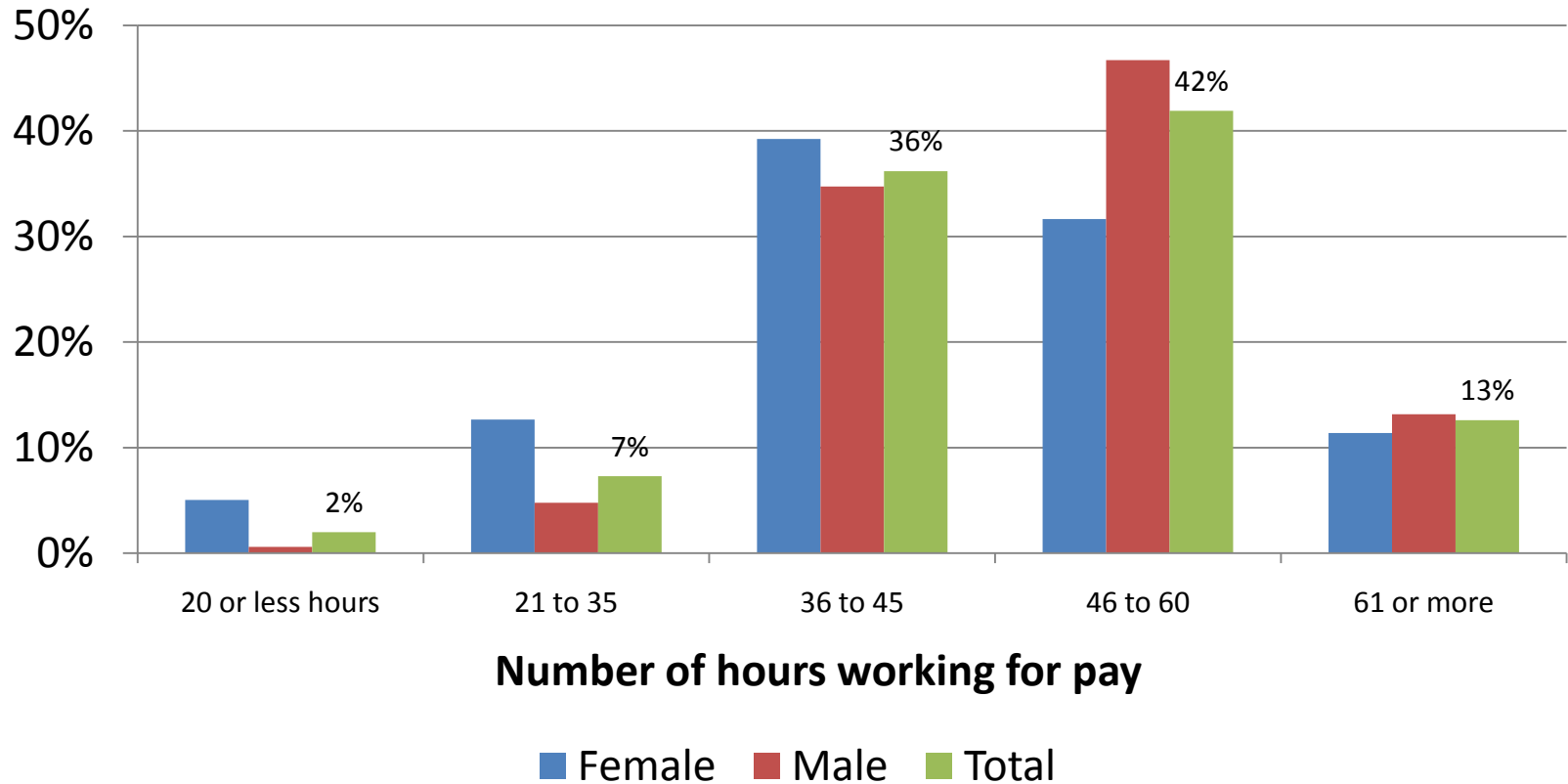
Our Careers



- 8 out of 10 are still working for pay.



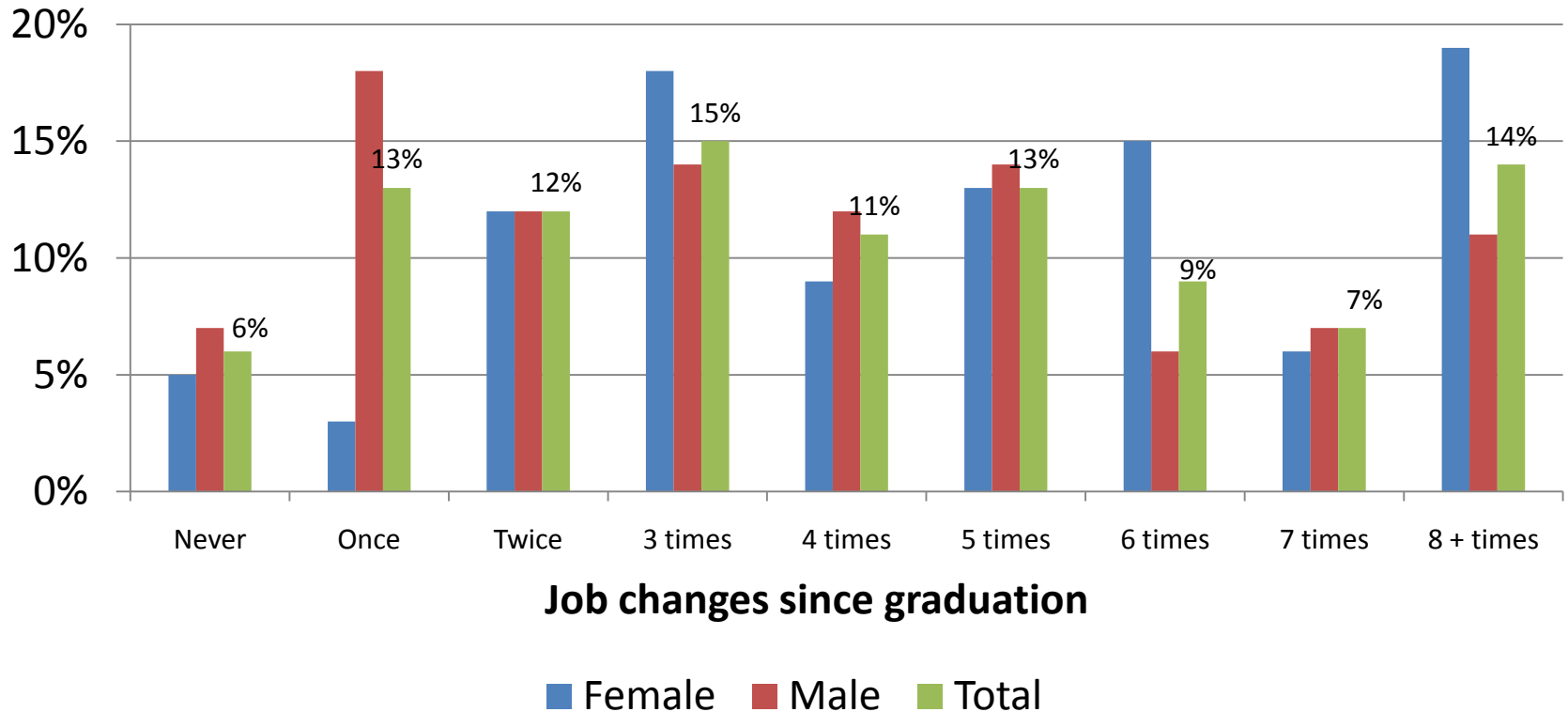
Our Careers



- Those working for pay work full time or more.
- Those volunteering do so part-time.



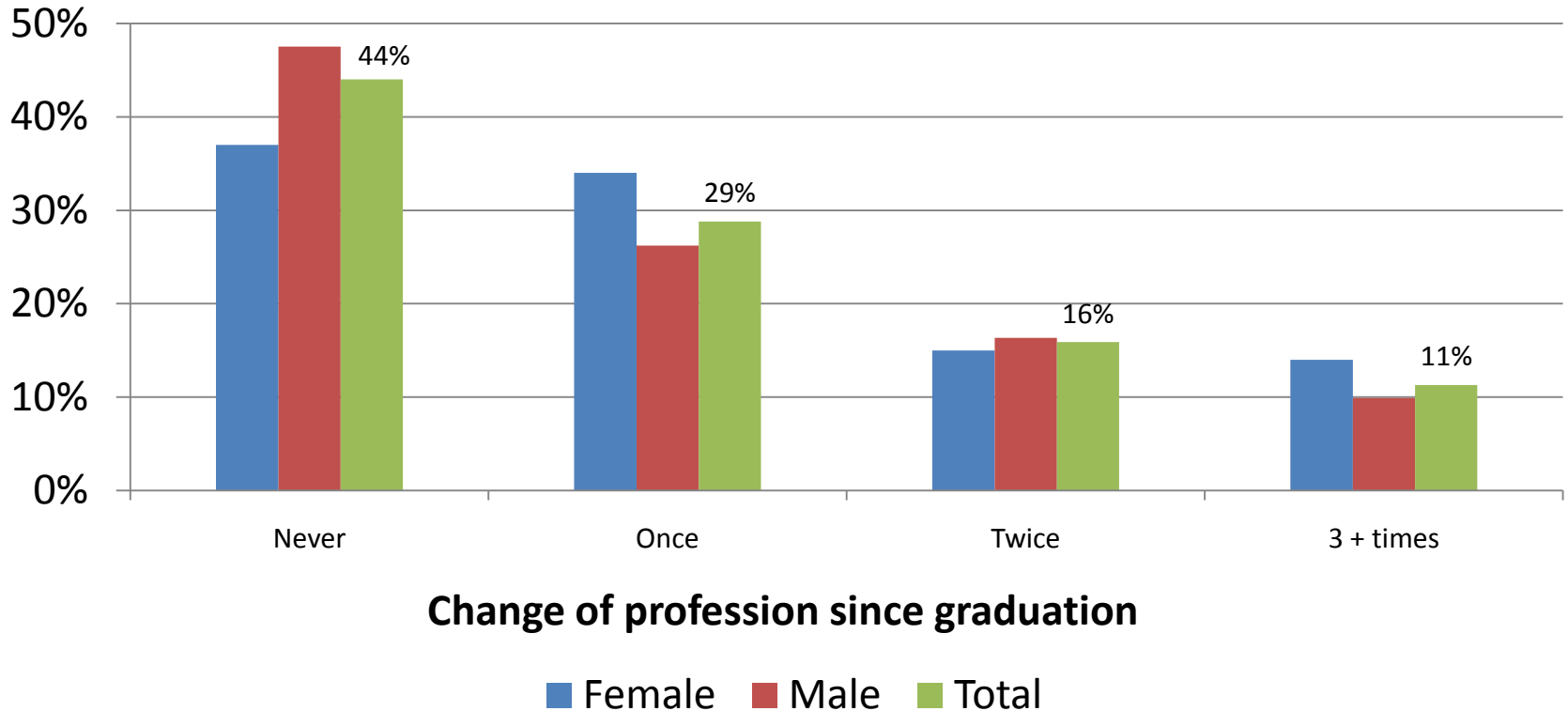
Our Careers



- Very few are still in their original jobs.



Our Careers



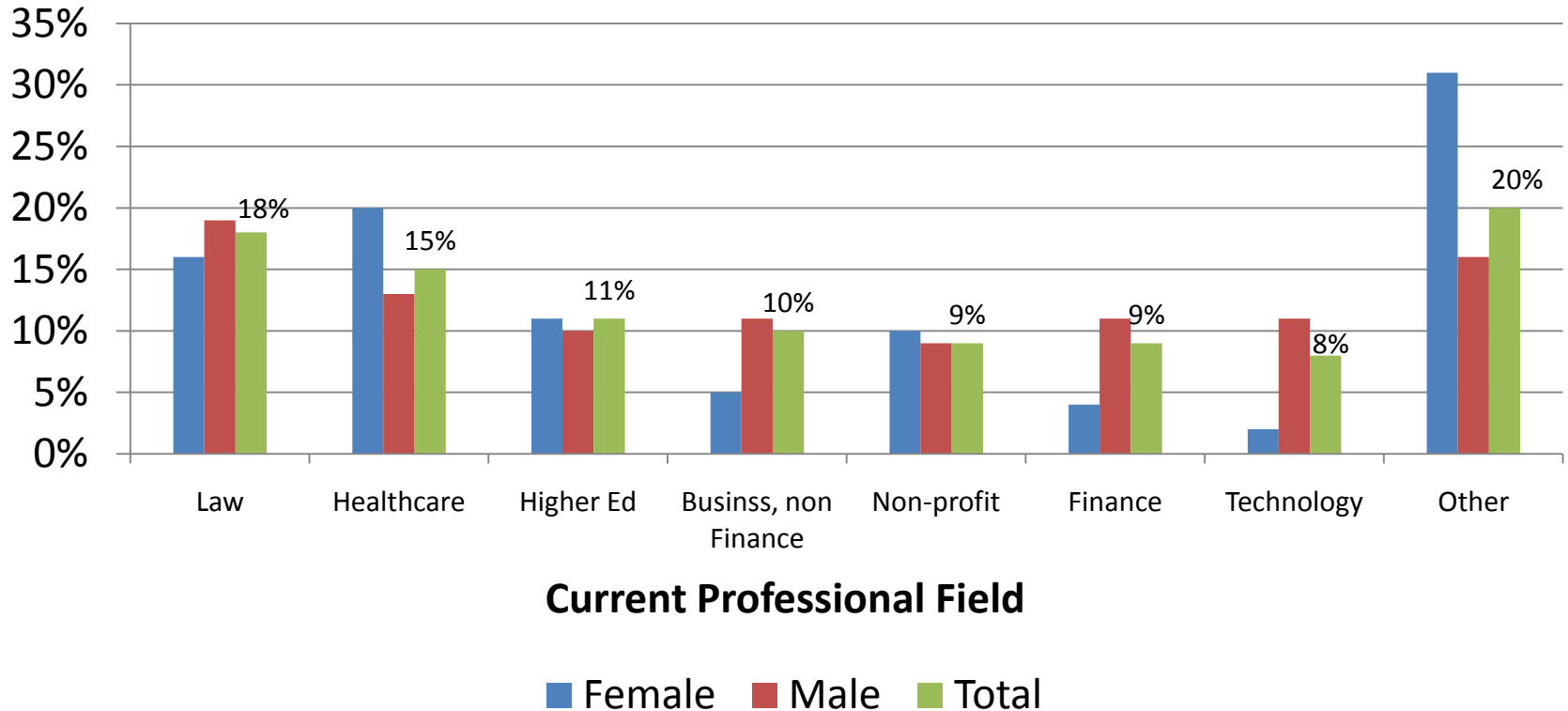
- More than half have changed professions.
- See appendix page 9 for advice about career transitions.



Our Careers

- 87% attended graduate school
 - 90% of females
 - 86% of males
- Most started grad school right after Princeton or with only a one year gap.
- Graduate degrees are more applicable to the current career than are undergraduate degrees.
- 29% report having had a career break or transition of more than a year, other than for grad school, most commonly due to a job loss.

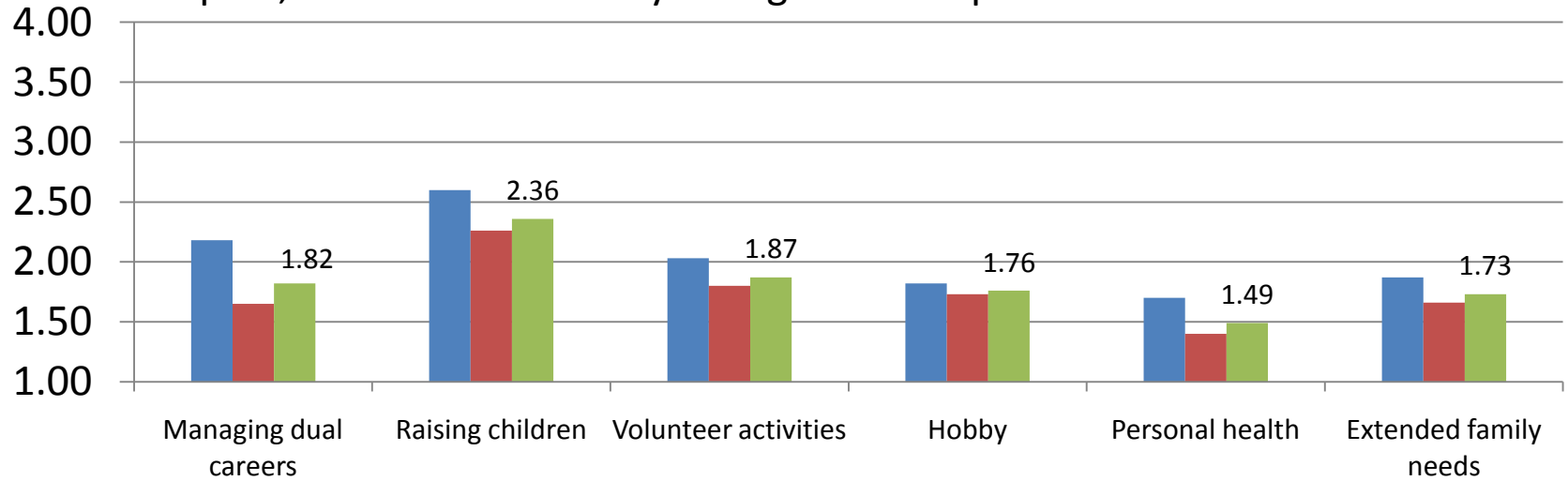
Our Careers



- Law is the most frequent professional field, followed by healthcare.

Our Careers

Career Impact where 1 = no impact, 2 = a little impact; 3 = significant impact, and 4 = dramatically changed career path



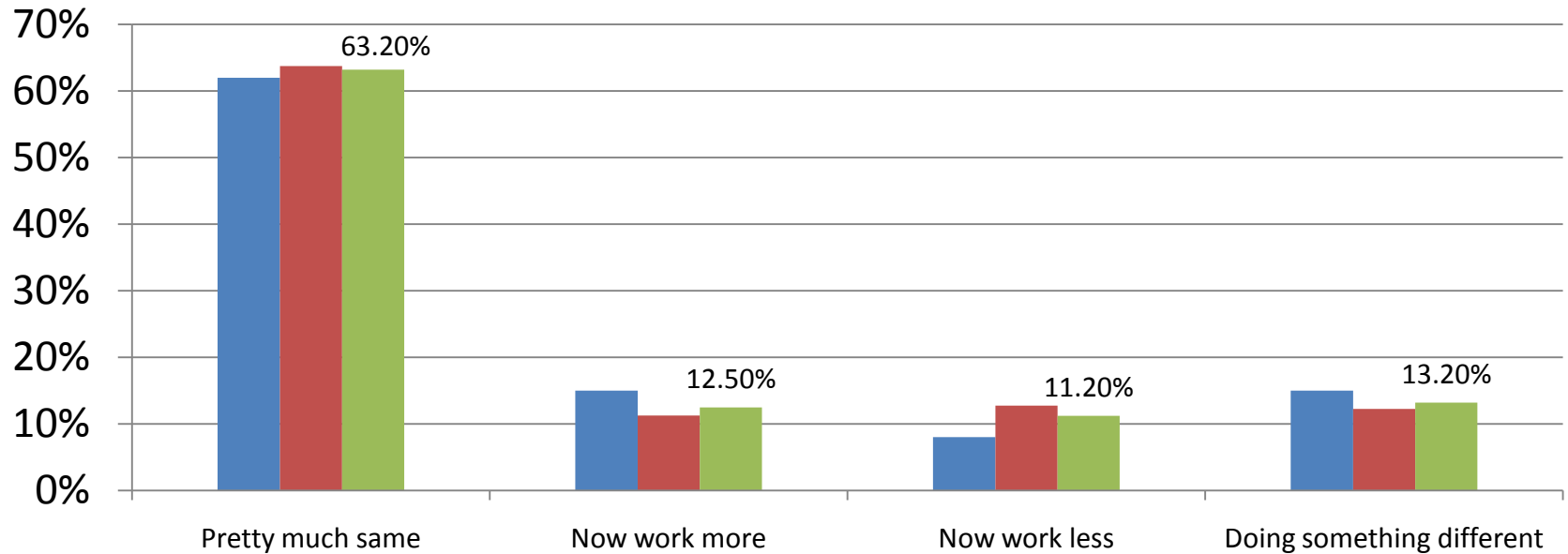
Impact of factors on career

■ Female ■ Male ■ Total

- Raising children had the most impact on our careers, but still not “significant.”



Our Careers



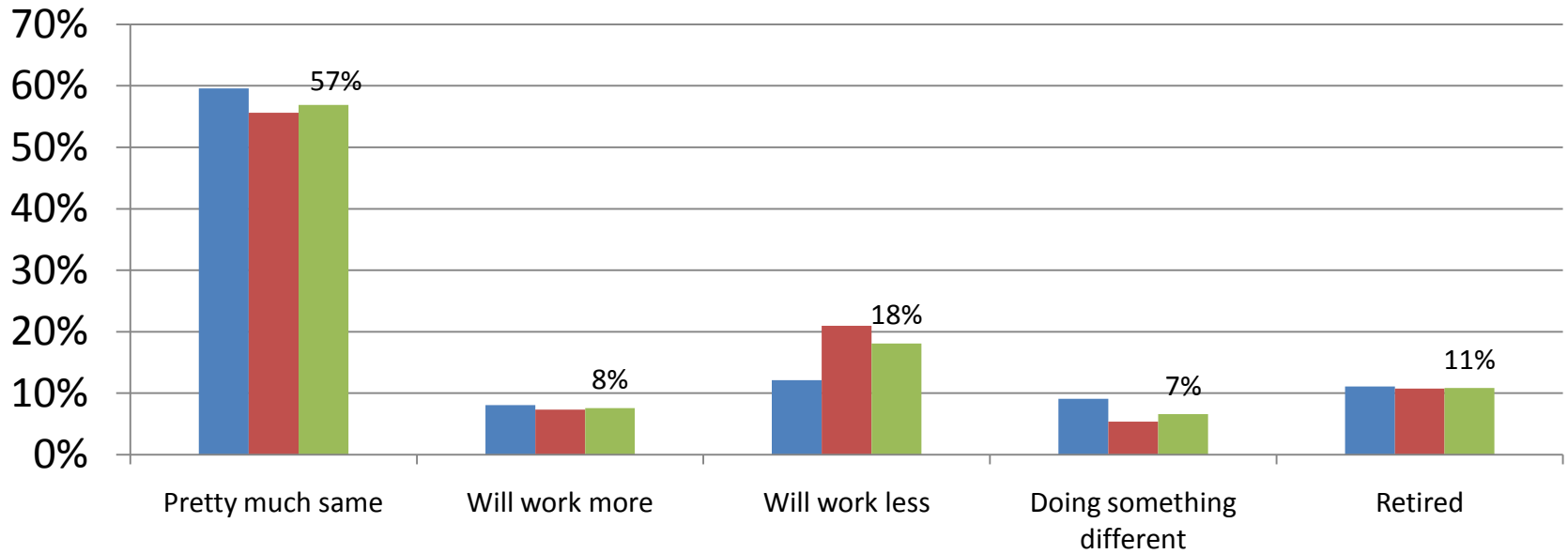
Current work situation compared to 5 years ago

■ Female ■ Male ■ Total

- For most people, work has been pretty much the same for the past 5 years.



Our Careers



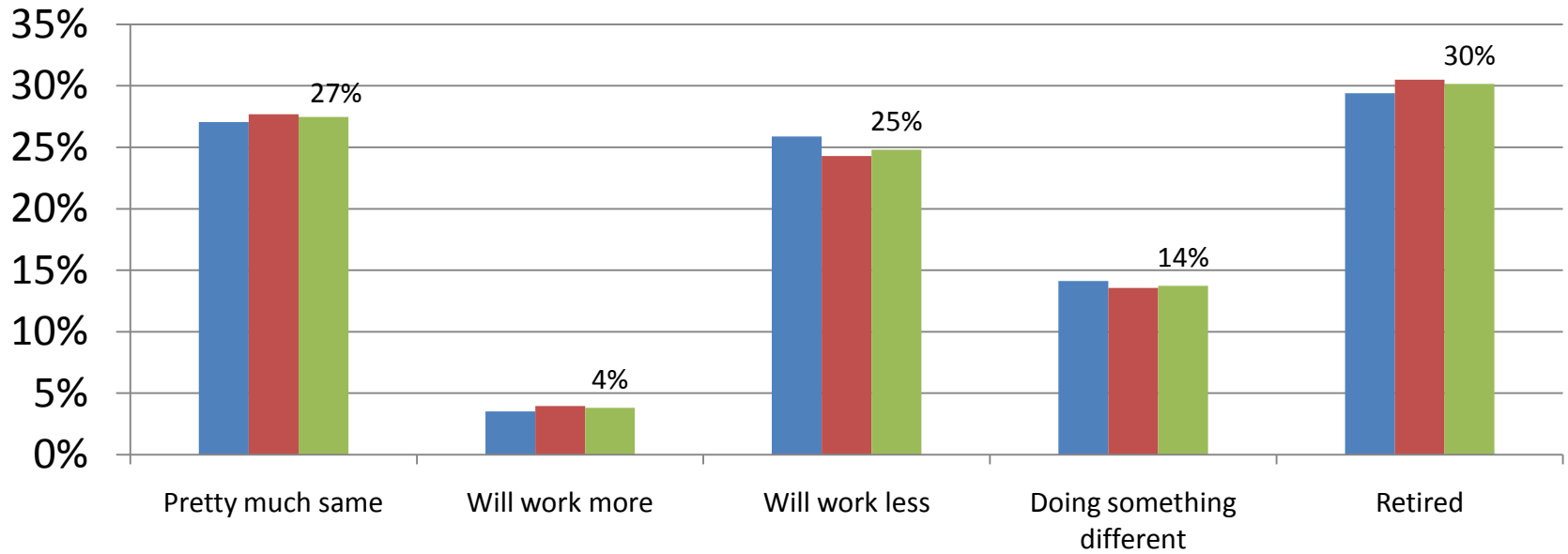
Expected work situation in 5 years

■ Female ■ Male ■ Total

- Work is expected to be pretty much the same for the next 5 years .



Our Careers



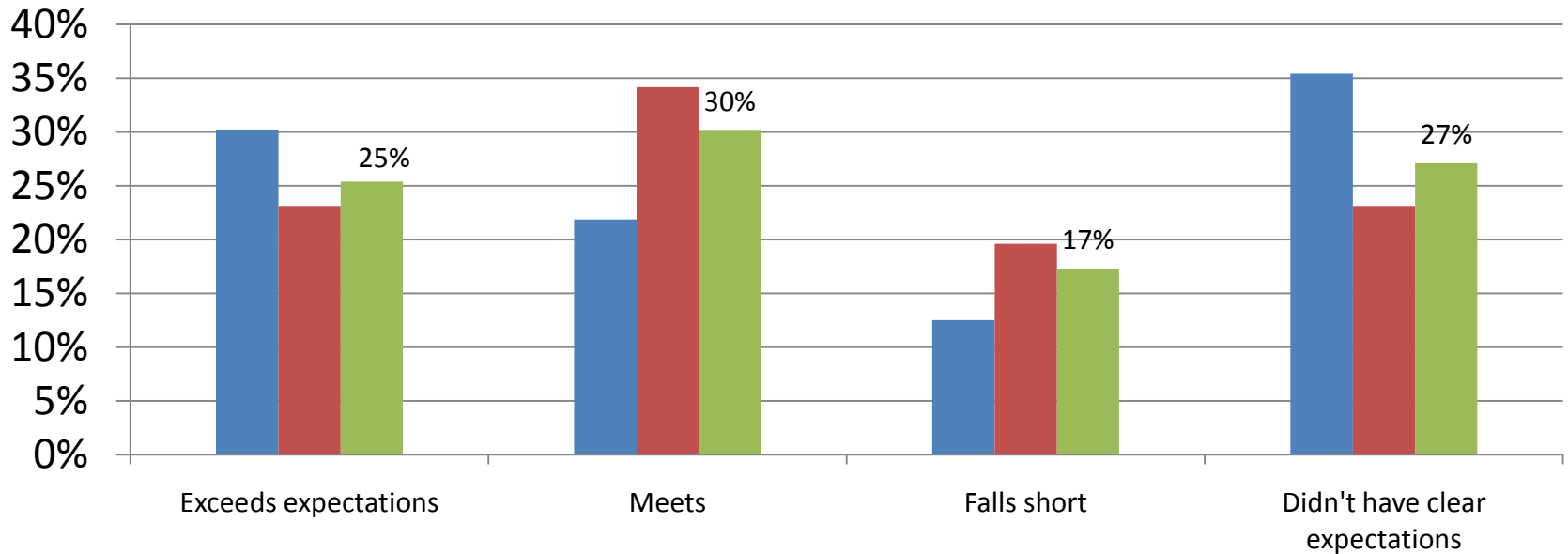
Expected work situation in 10 years

■ Female ■ Male ■ Total

- In 10 years, half expect to be retired or working less.



Our Careers



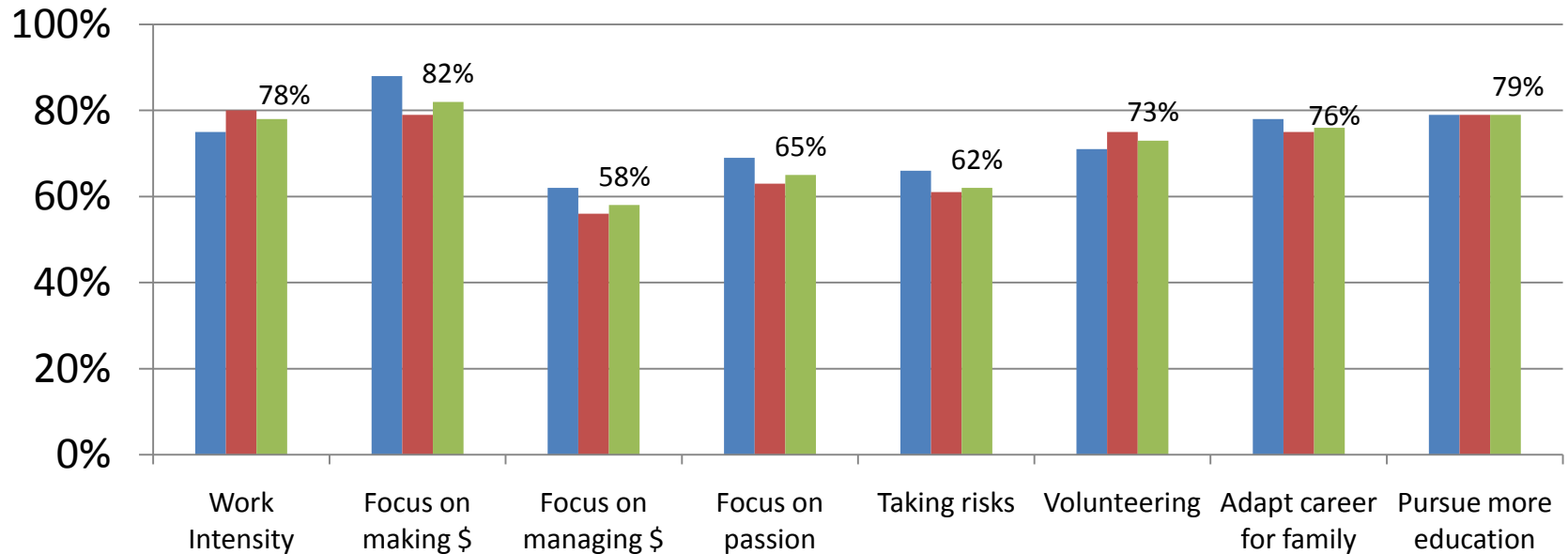
Career compared to expectations at graduation

■ Female ■ Male ■ Total

- Our careers compared to expectations cover the gamut, but more than half say it meets or exceeds expectations.



Our Careers



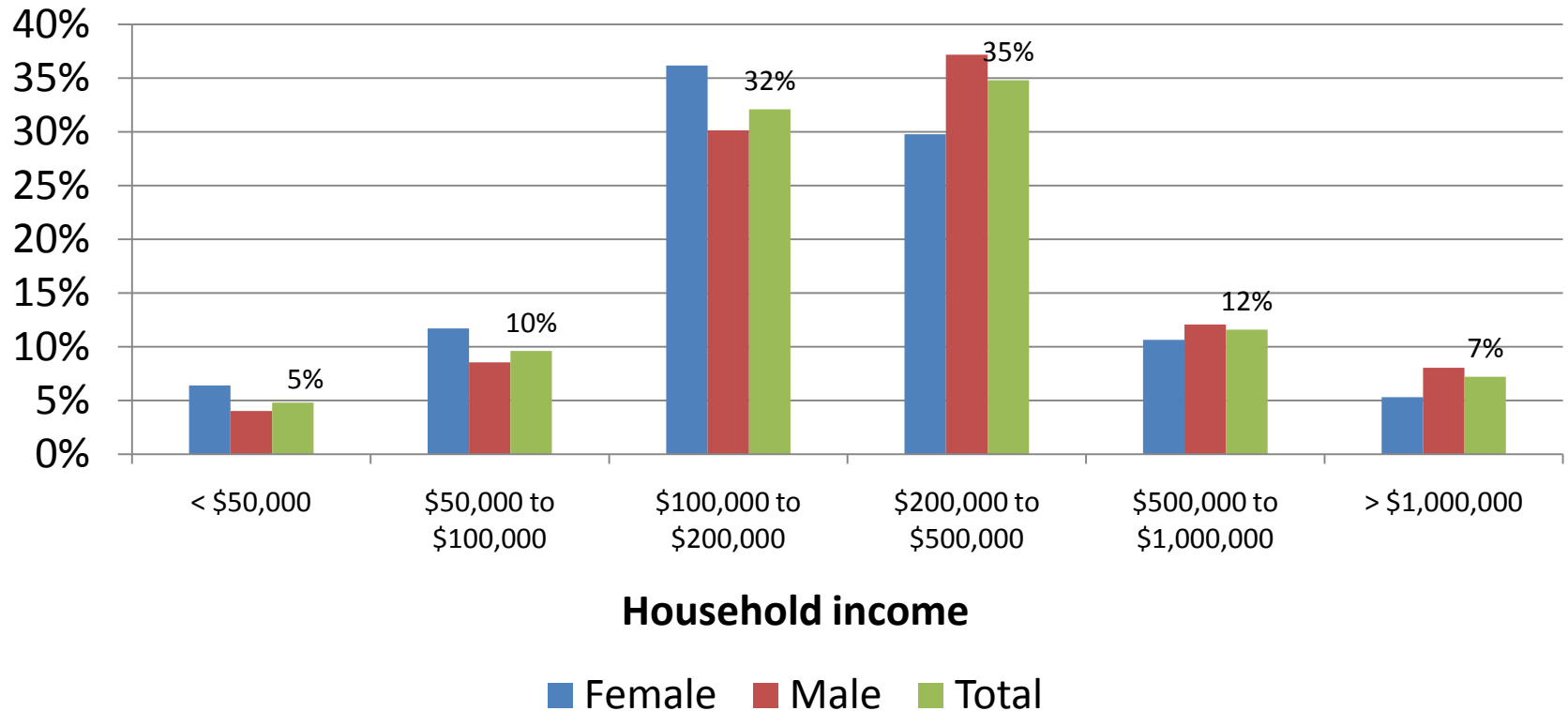
Satisfied with career choices

■ Female ■ Male ■ Total

- We are mostly satisfied with our career choices. Those not satisfied wish they had worked less intensely but done more of everything else.

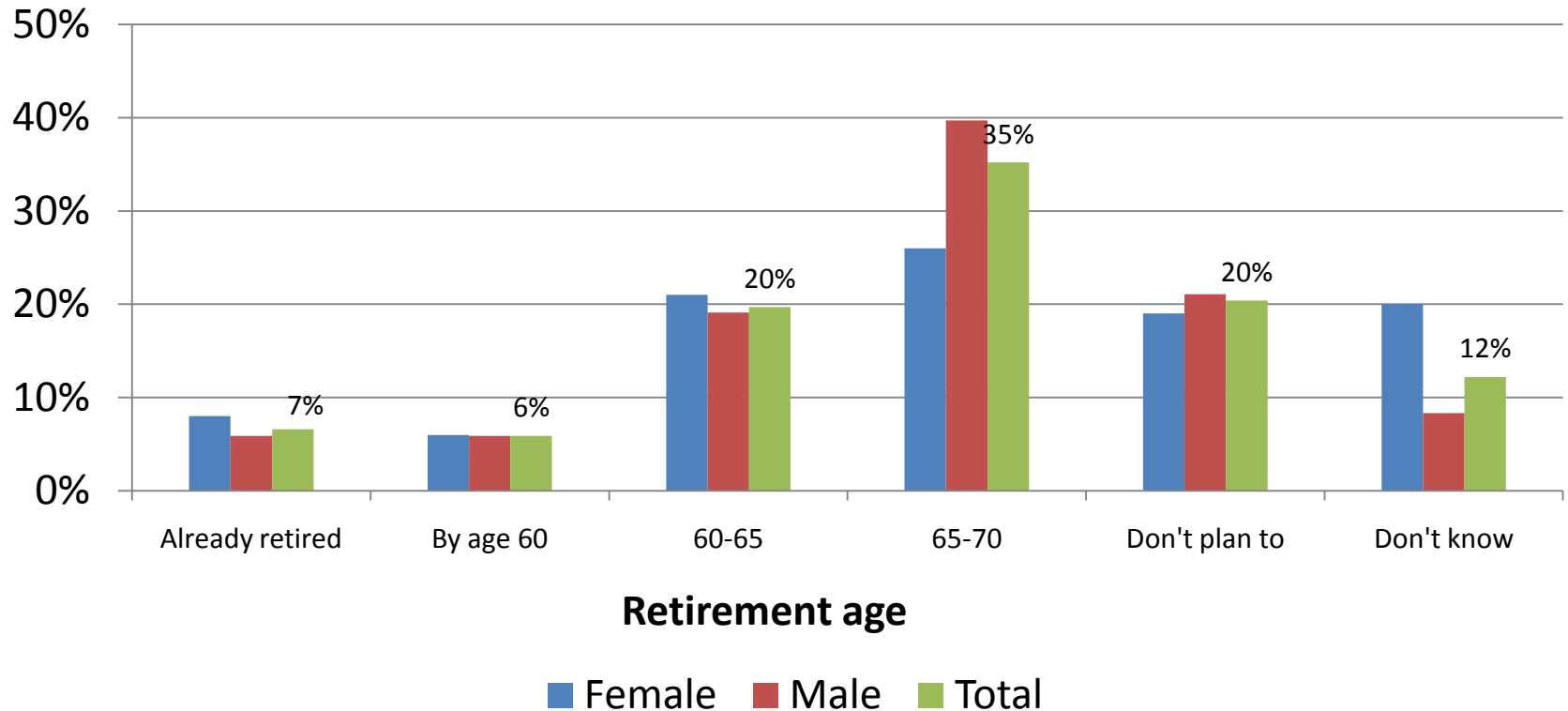


Our Careers



- Most households have income between \$100,000 and \$500,000.

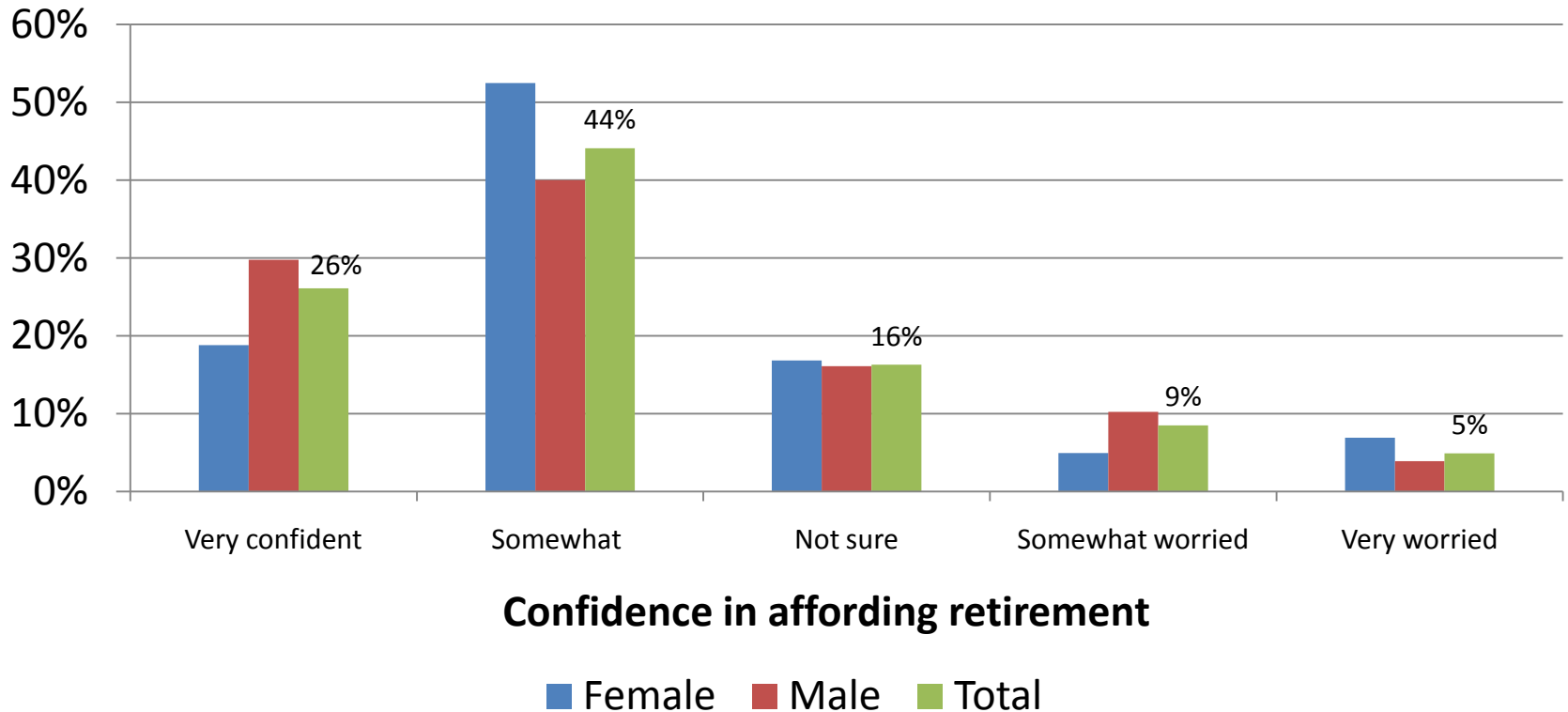
Our Careers



- Between 65 and 70 is the most common expected age of retirement.



Our Careers



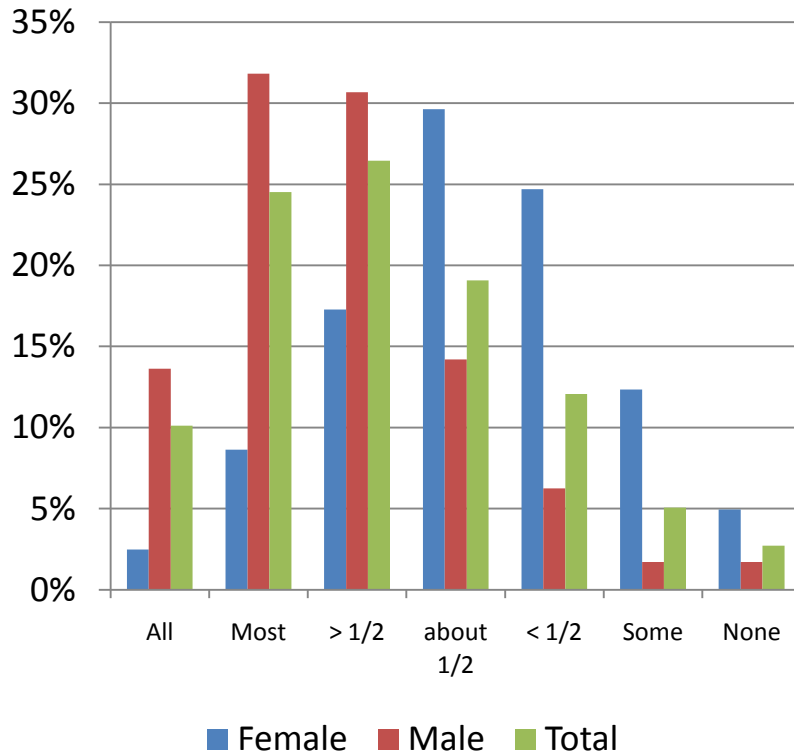
- 7 out of 10 are somewhat or very confident they will have enough money for retirement.



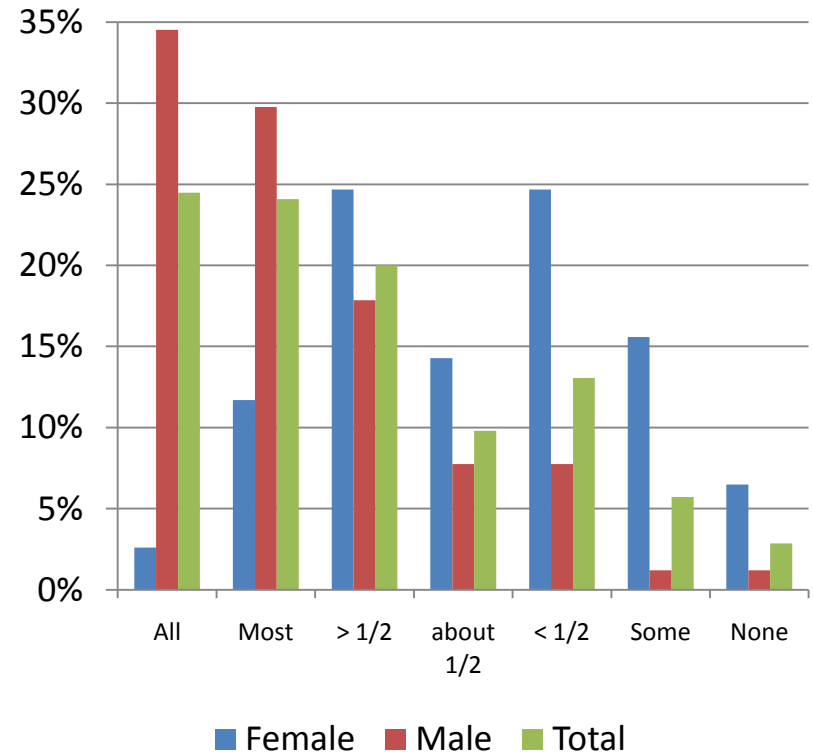
Our Careers

How much of your household's income did/do you earn?

At the beginning

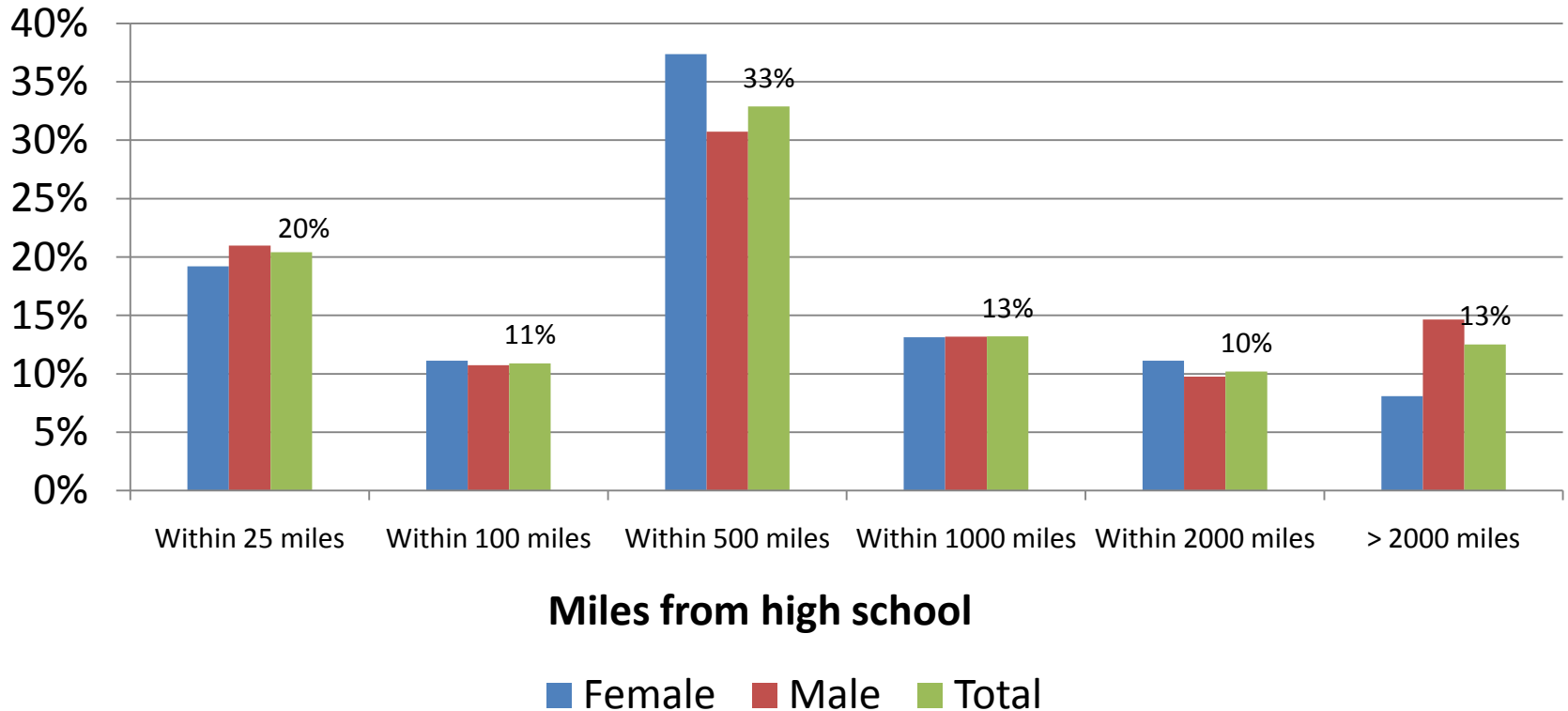


Now



At the beginning and now, males earn more than half of their household income, but females do not.

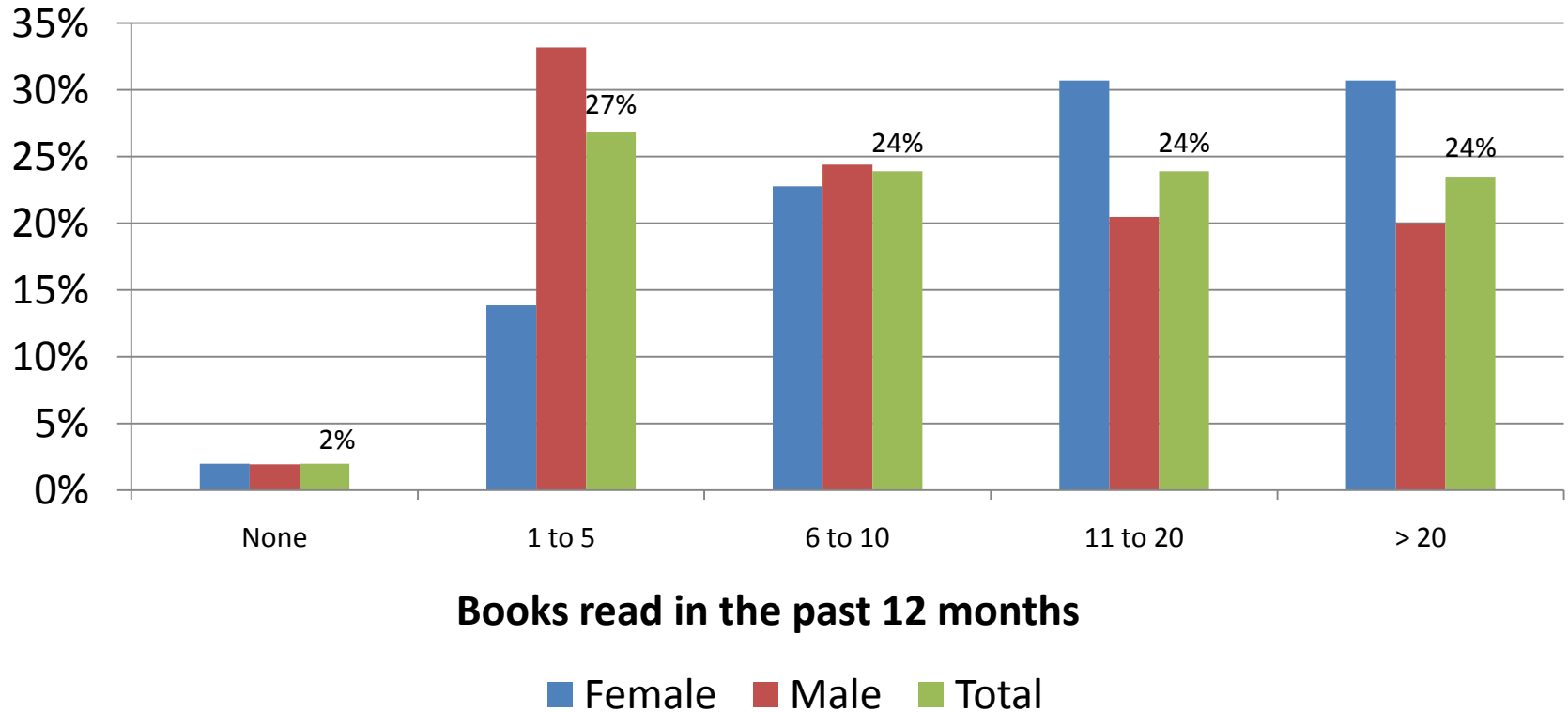
Our Lifestyles



- 1 in 5 are close to home. Two-thirds are within 500 miles of where they went to high school.



Our Lifestyles



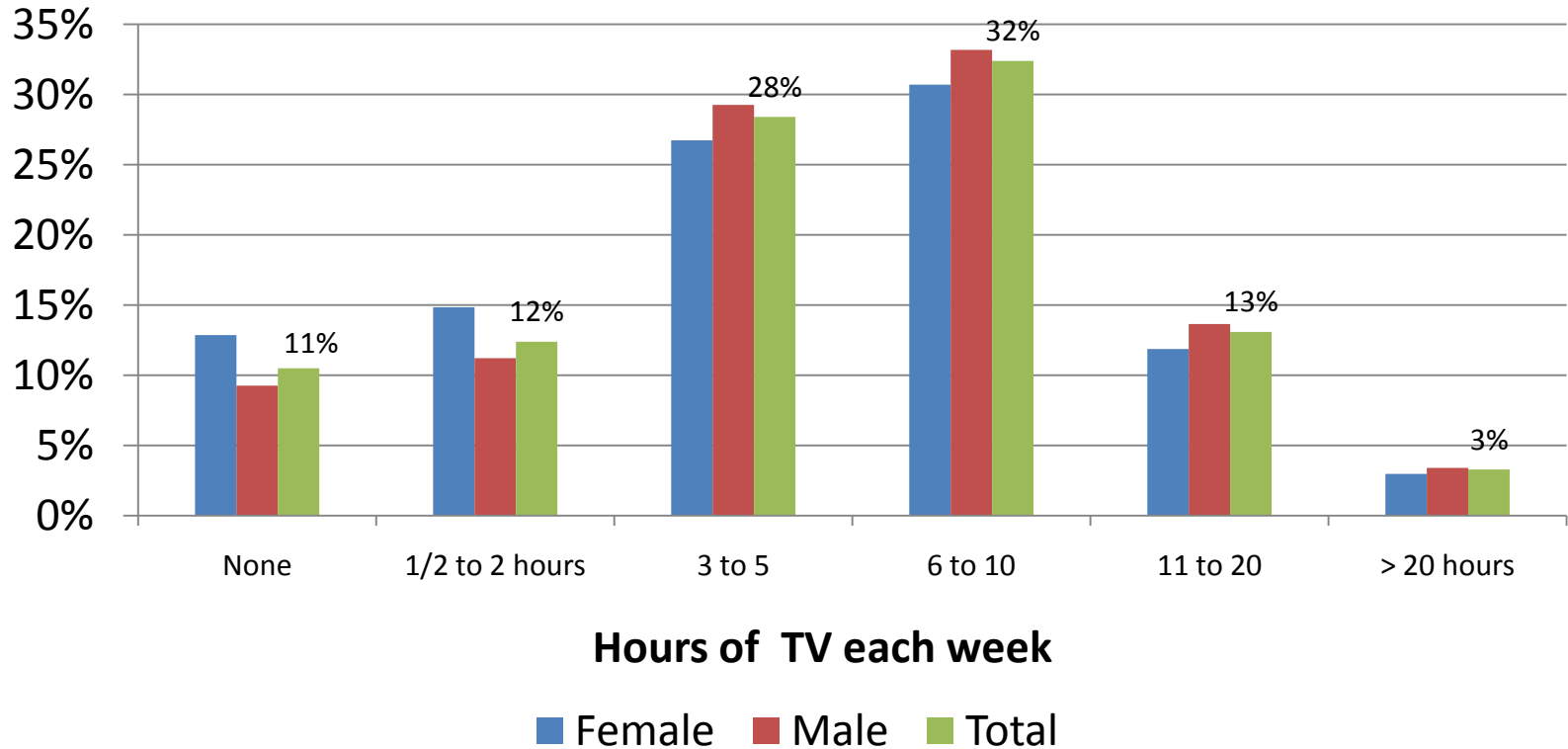
- Despite our workloads, almost all still find time to read for pleasure.

Our Lifestyles

Books we recommend —see full list in appendix page 26 (separate file)

- The Help (7)
- Team of Rivals (4)
- Baroque Cycle (2)
- The Cairo Trilogy (2)
- Cider House Rules (2)
- Middlesex (2)
- Mountains Beyond Mountains (2)
- Atlas Shrugged (2)
- The World is Flat (2)
- War and Peace (2)
- Guns, Germs and Steel (2)
- Author Stieg Larsson (2)
- Blink (2)
- Indignation (2)
- Let the Great World Spin (2)
- Olive Kitteridge (2)
- Sotweed Factor (2)

Our Lifestyles



- Most view TV less than 5 hours per week.

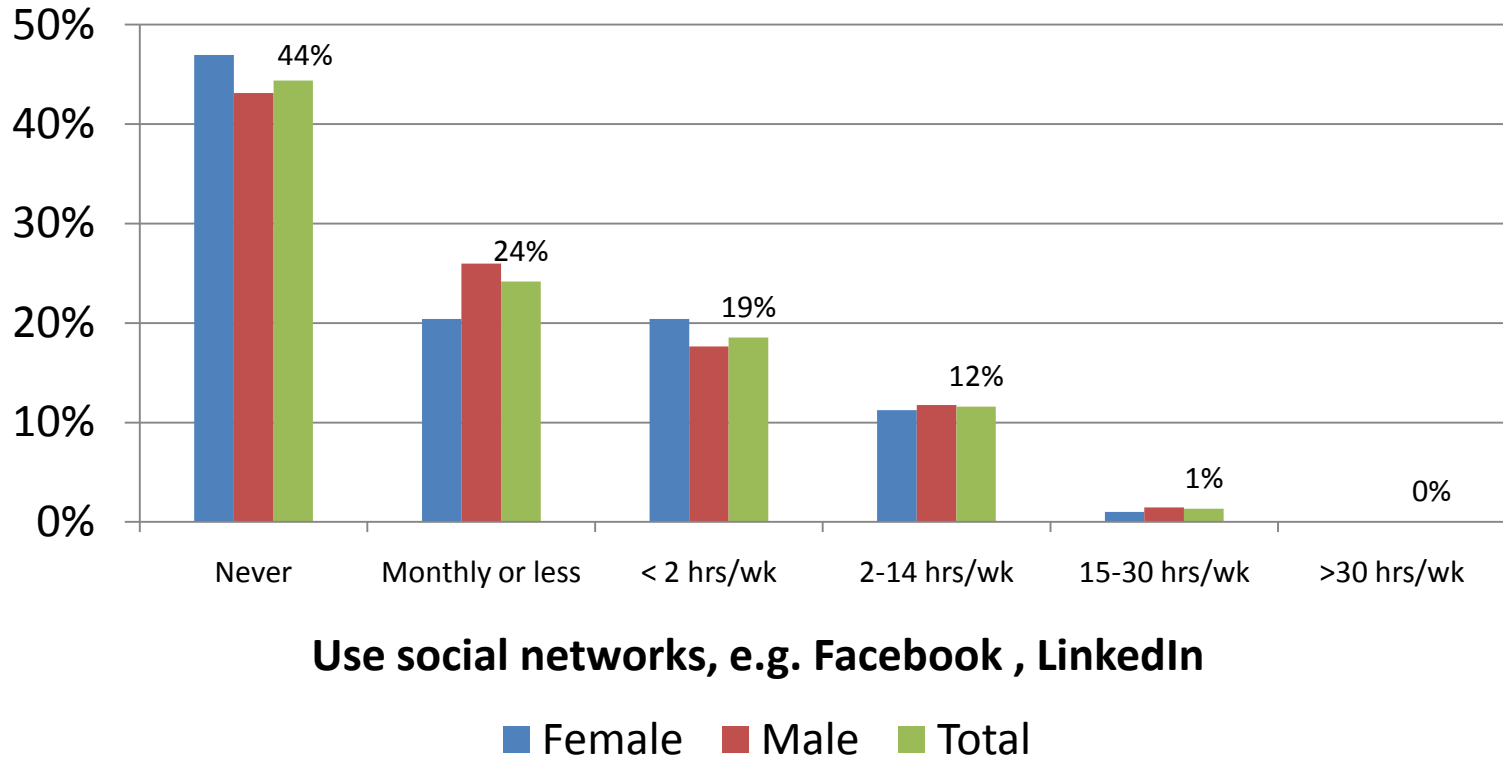


Our Lifestyles

TV shows we recommend —see full list in Appendix page 29

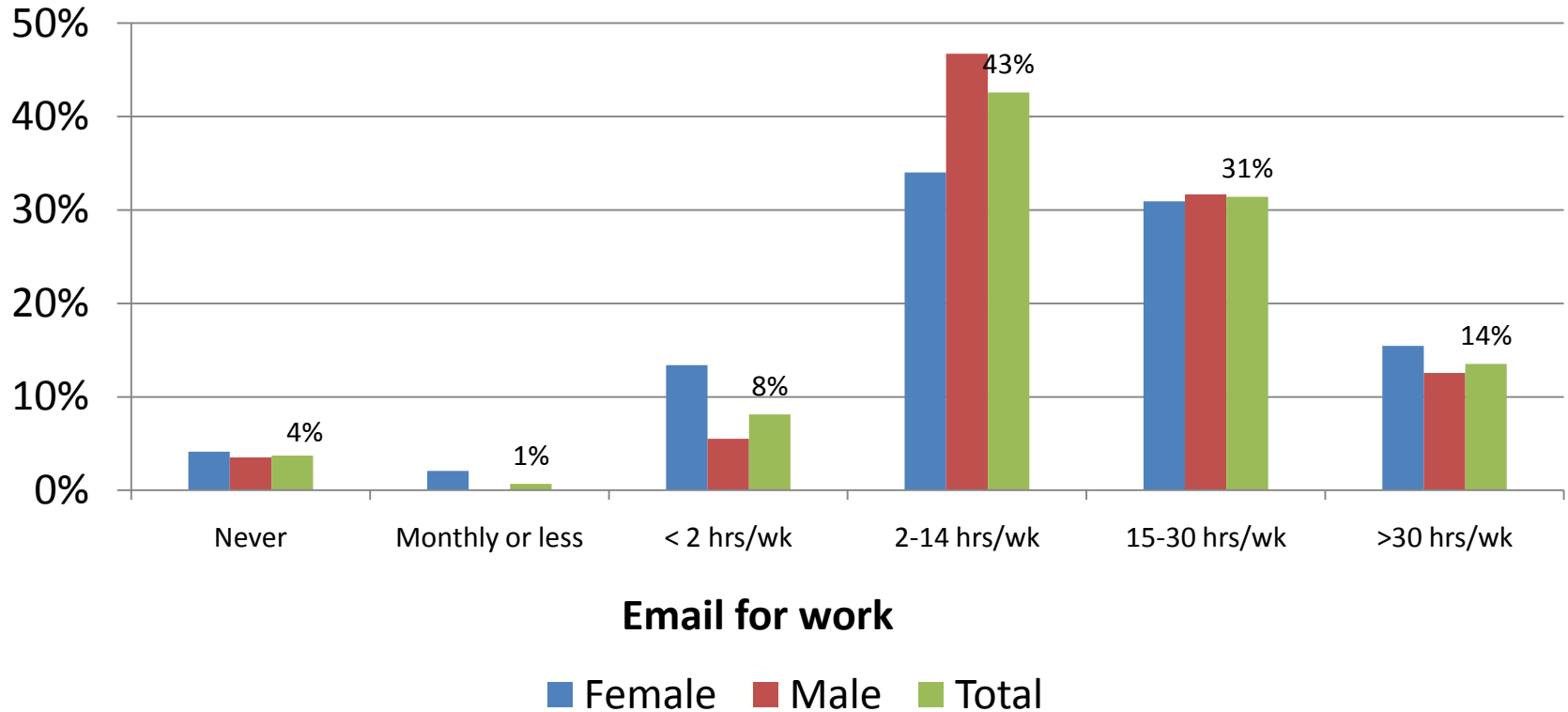
- Various news shows were the most common mentions
- The Daily Show (10)
- House (7)
- 30 Rock (7)
- Bones (6)
- Mad Men (5)
- Fox News (4)
- The Office (4)
- The Wire (4)
- Big Bang Theory (4)

Our Lifestyles



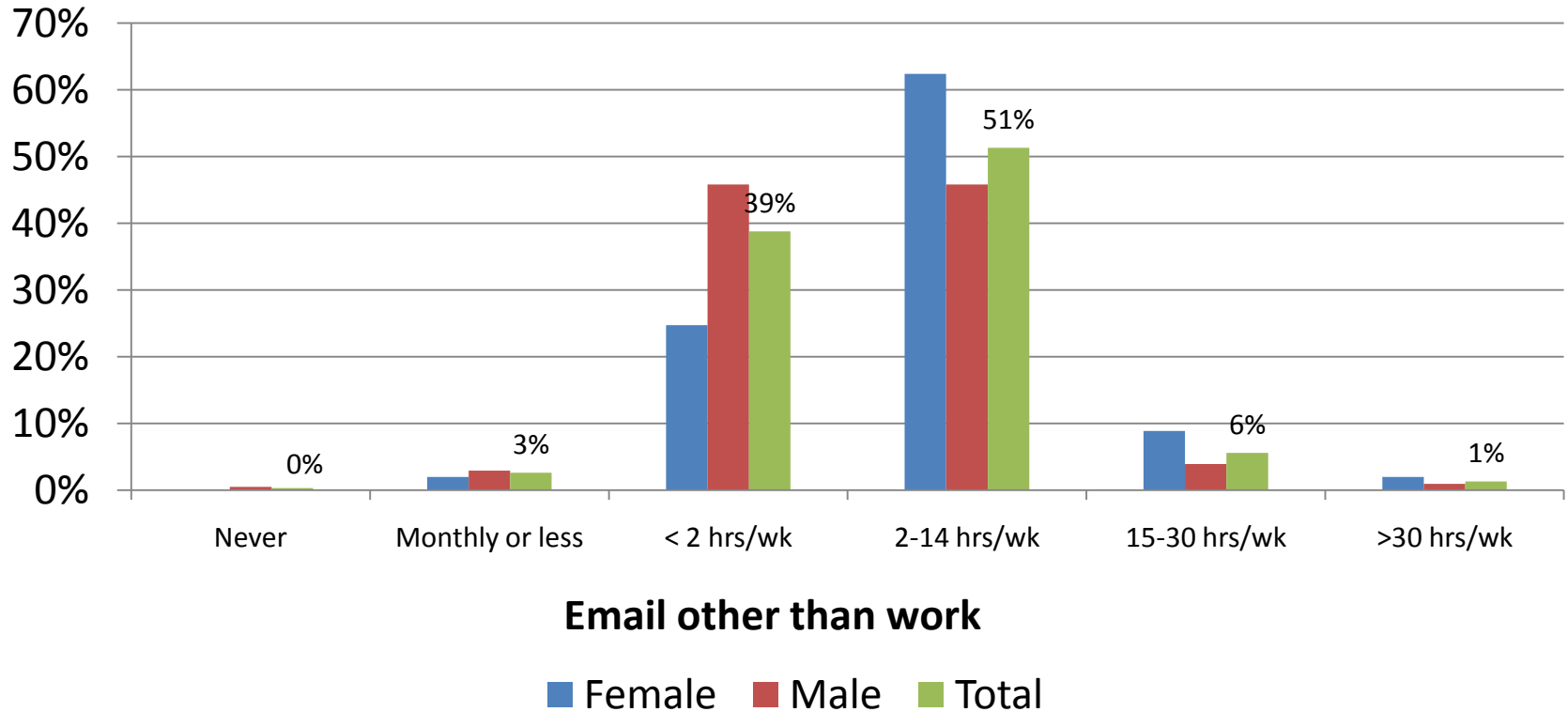
- We don't use social networks much.

Our Lifestyles



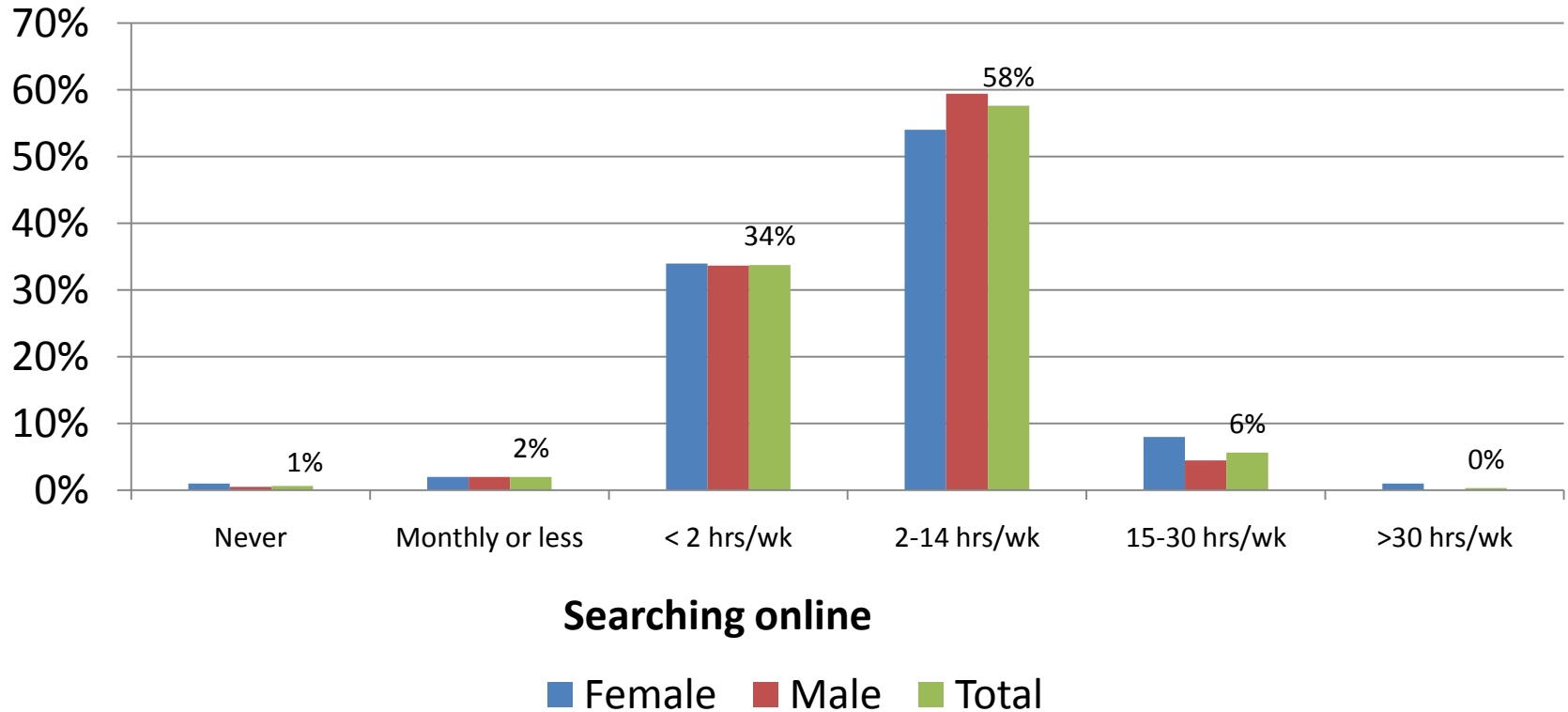
- Email takes up large portions of our workdays.

Our Lifestyles



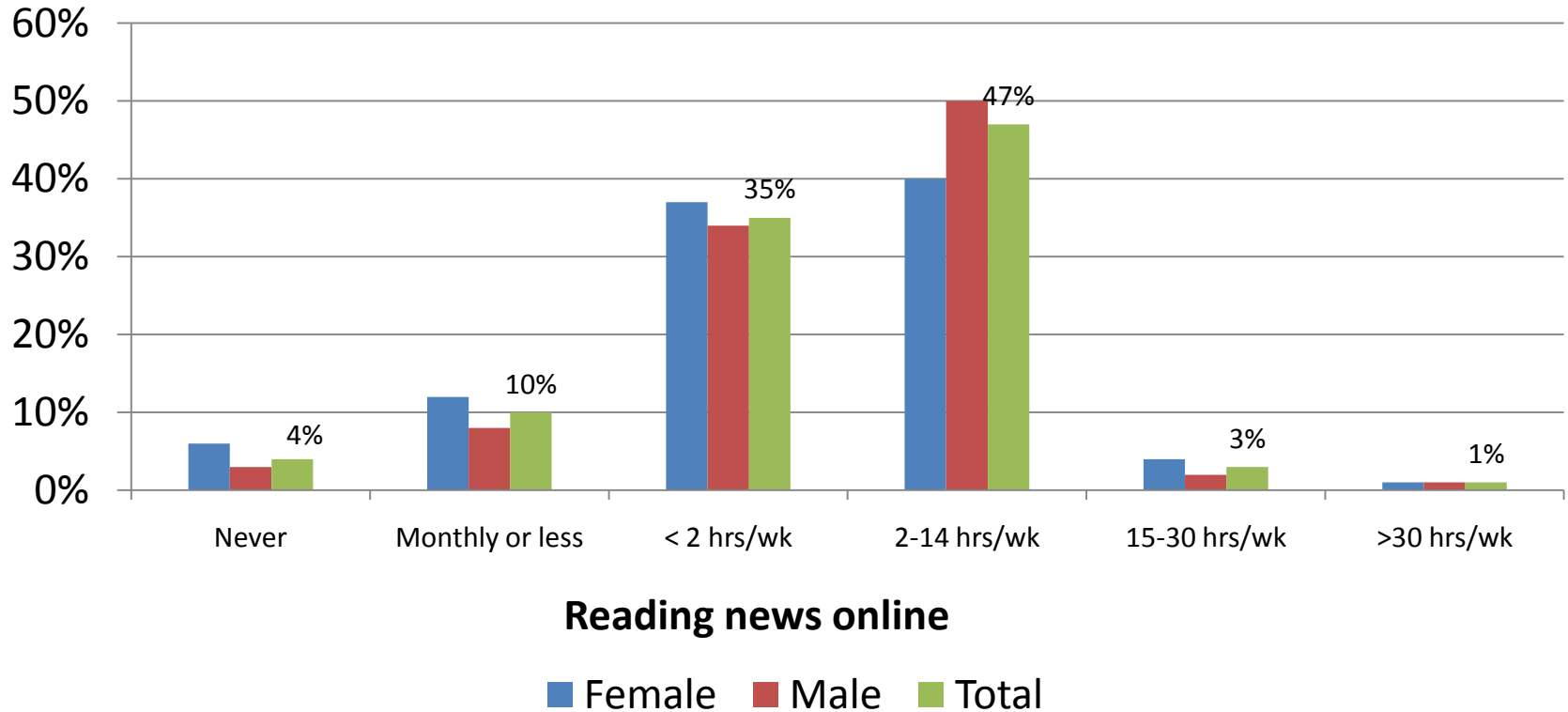
- Email other than work is usually less than 2 hours per day.

Our Lifestyles



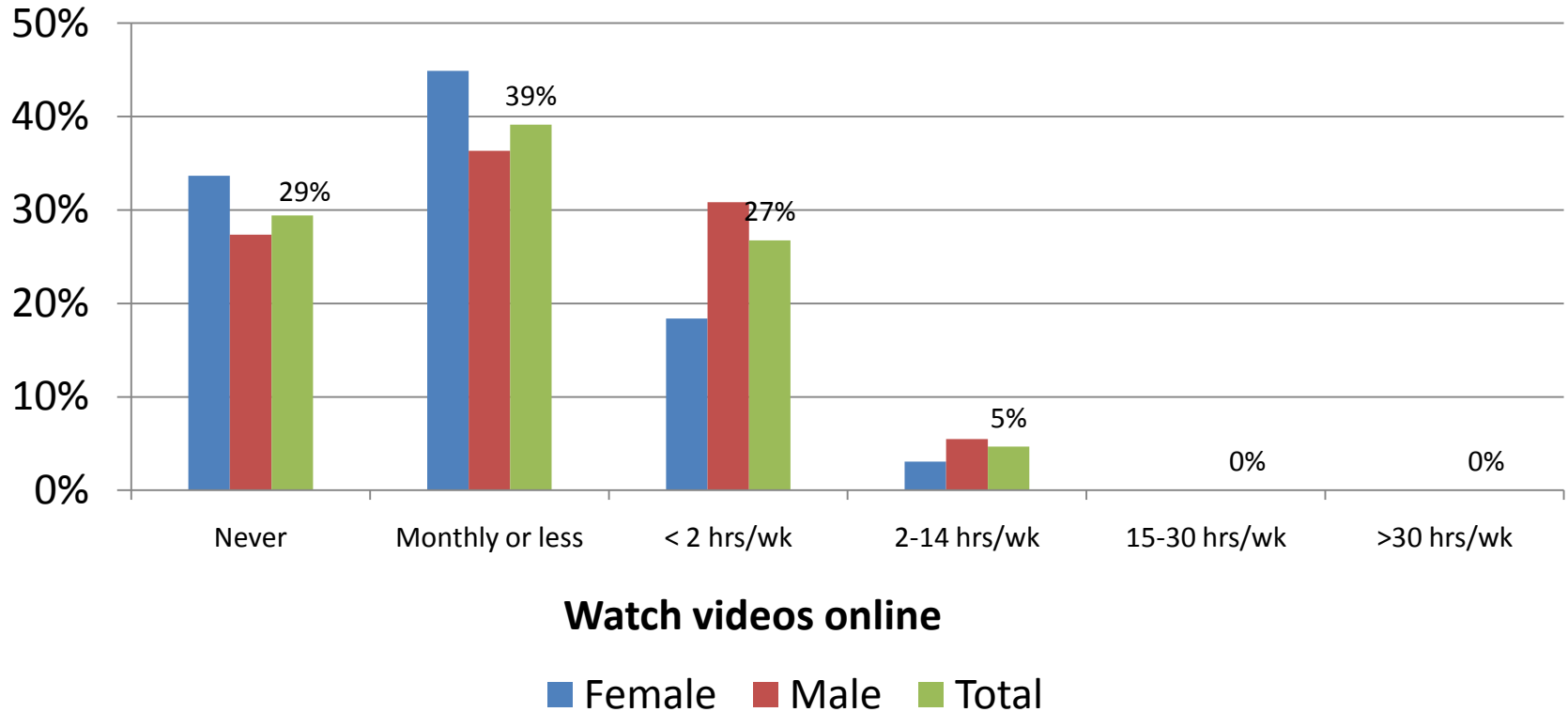
- Searching for information online is usually less than 2 hours per day.

Our Lifestyles



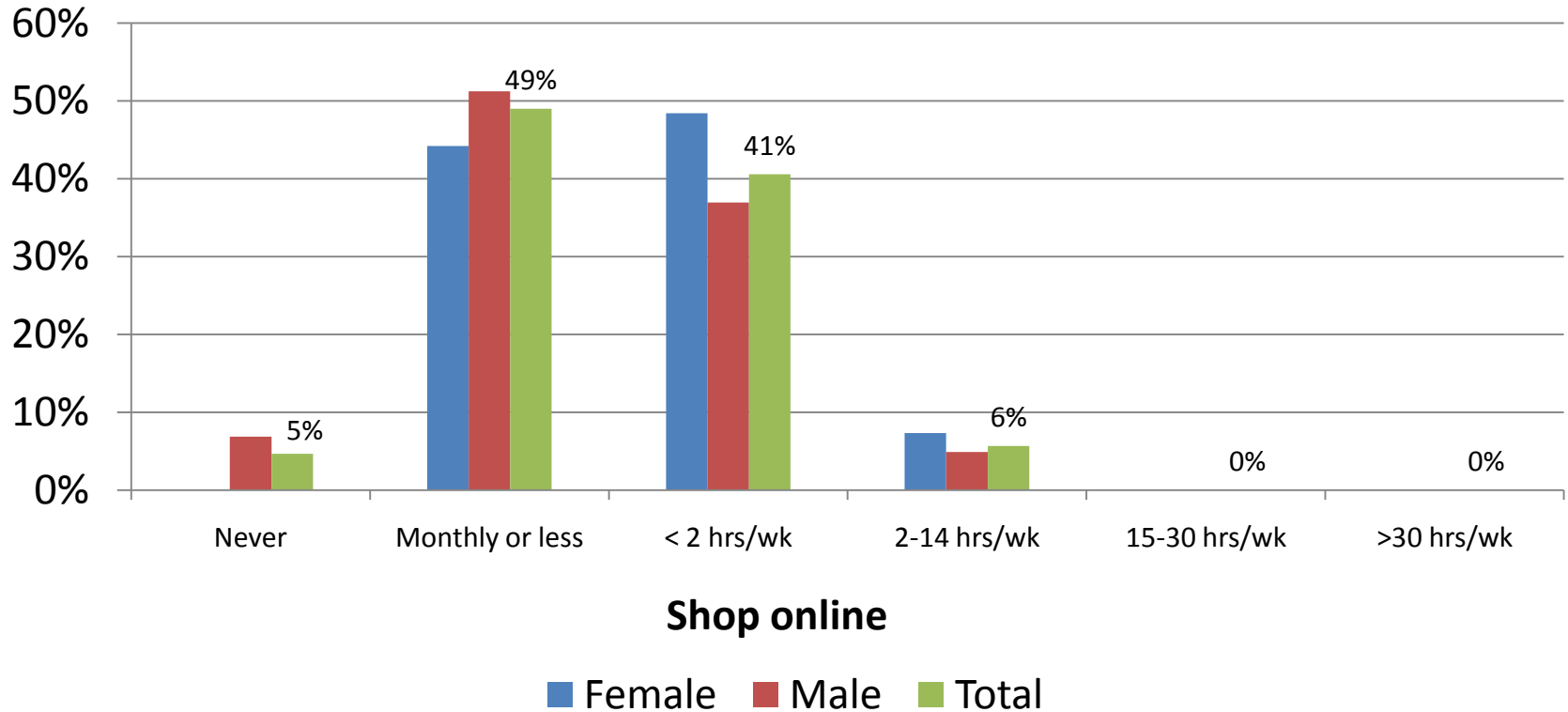
- Reading news online is usually less than 2 hours per day.

Our Lifestyles



- We do not often watch videos online.

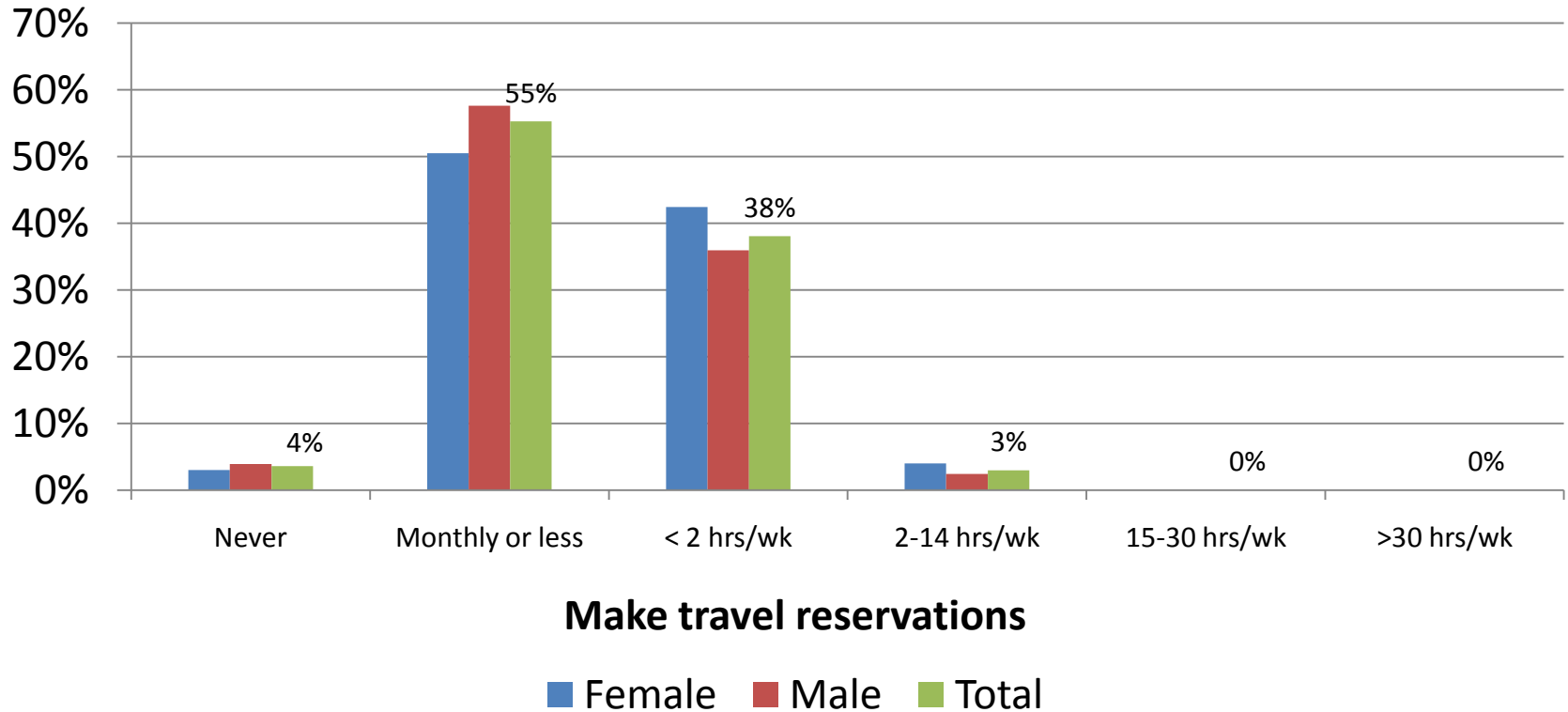
Our Lifestyles



- Most do some shopping online.

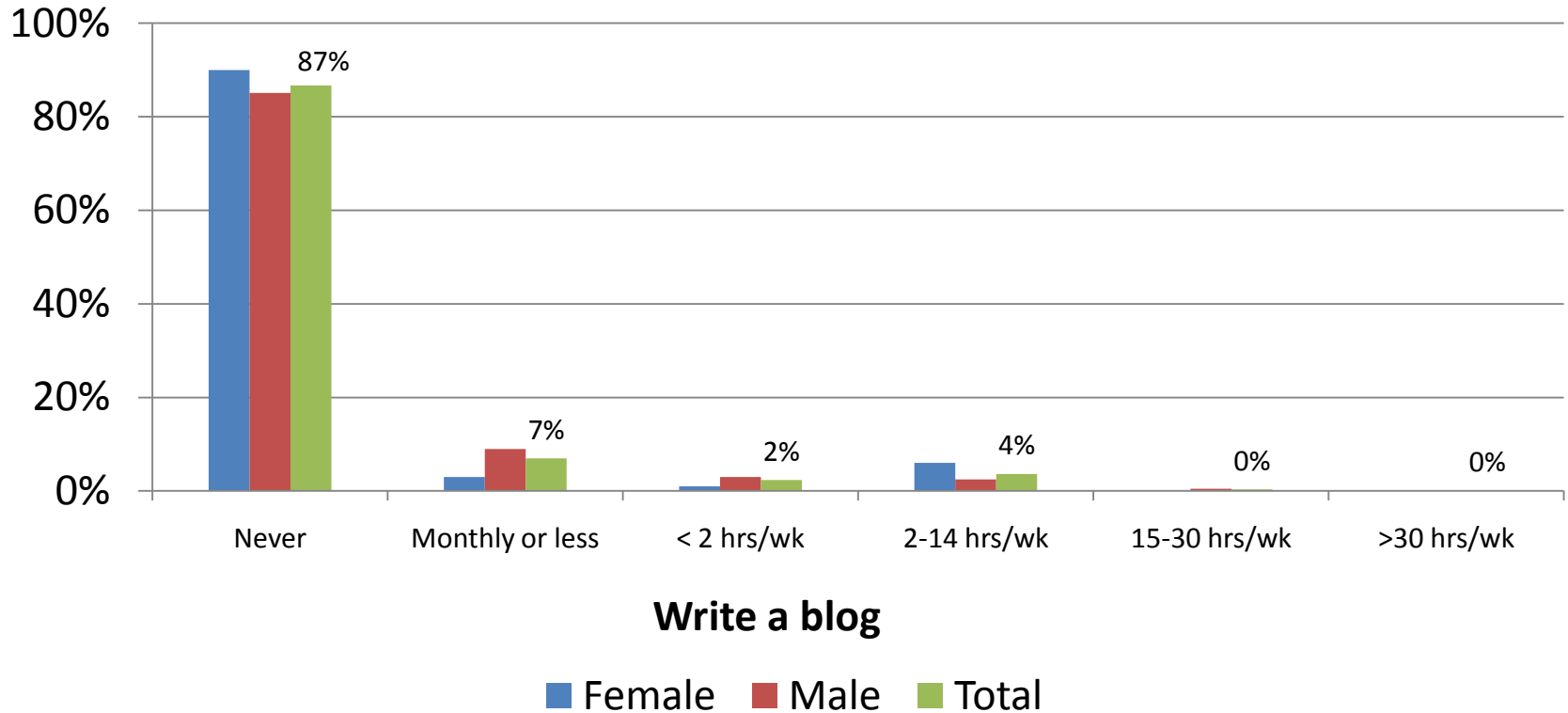


Our Lifestyles



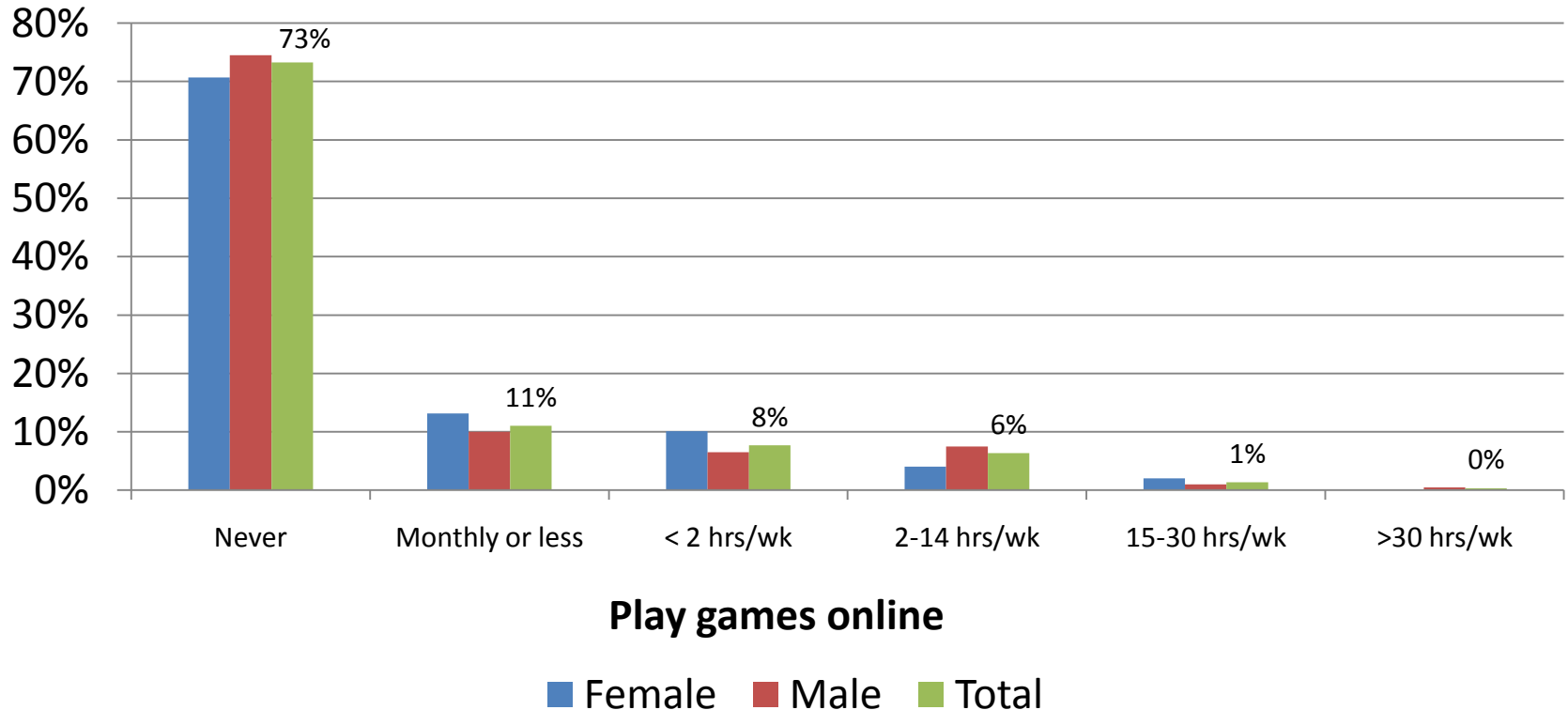
- Most make travel reservations online.

Our Lifestyles



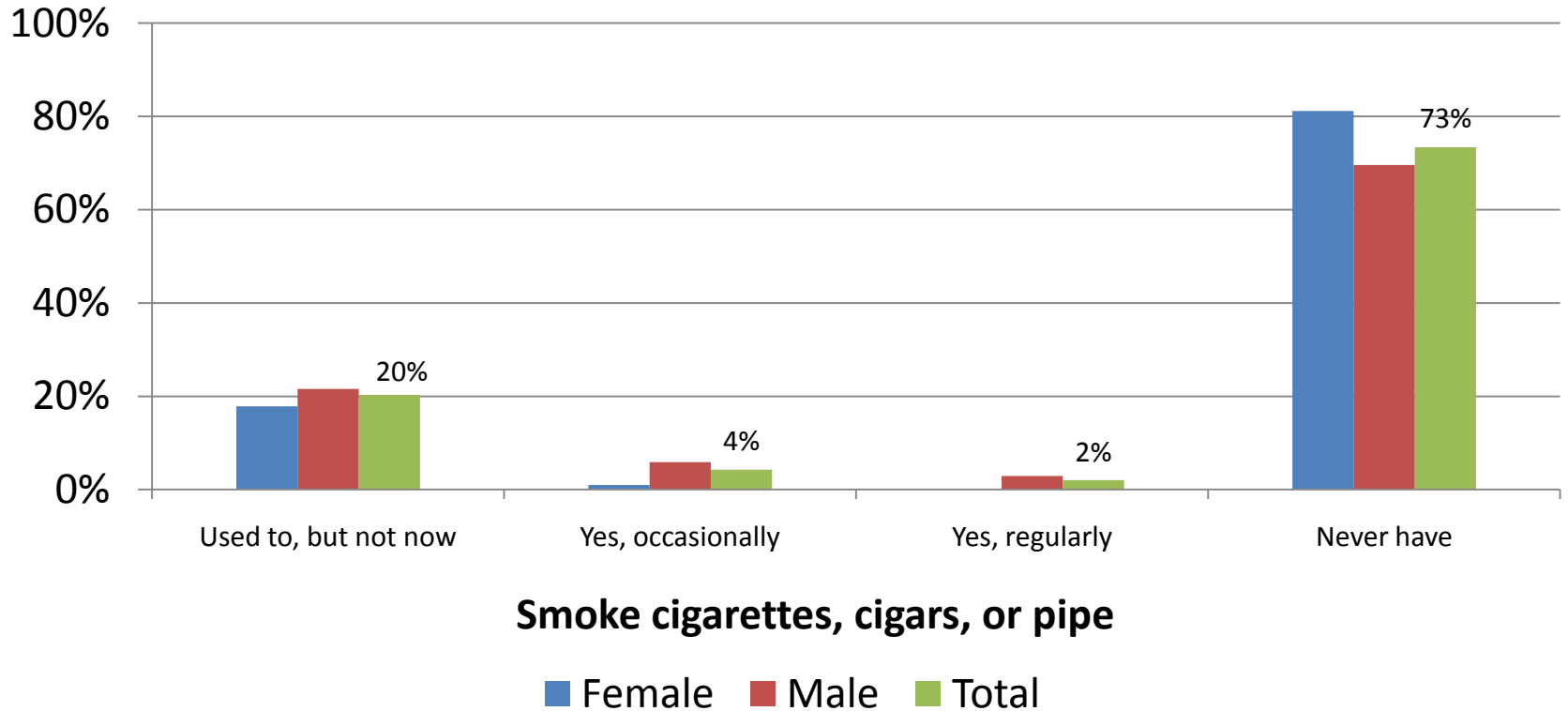
- Writing a blog is rare.

Our Lifestyles



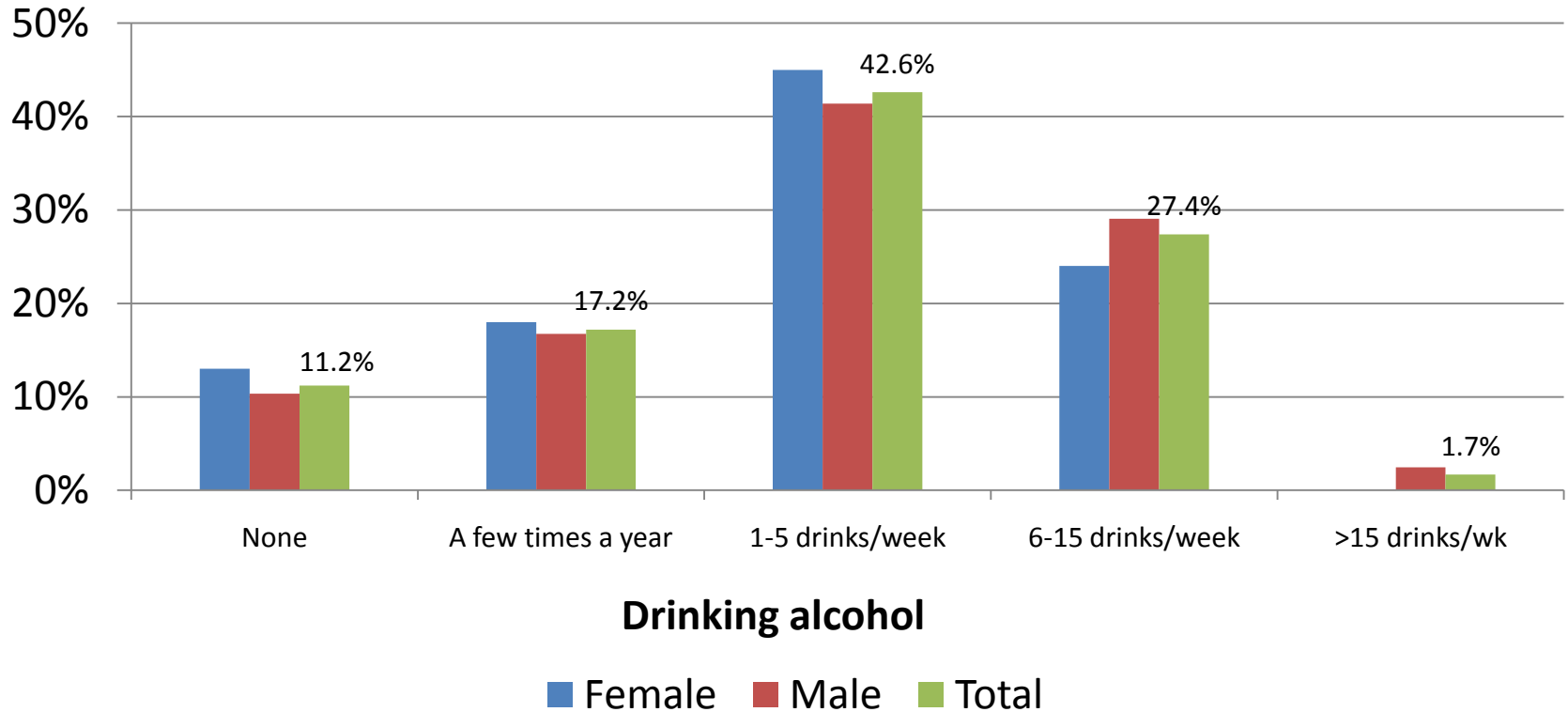
- Playing games online is not common.

Our Lifestyles



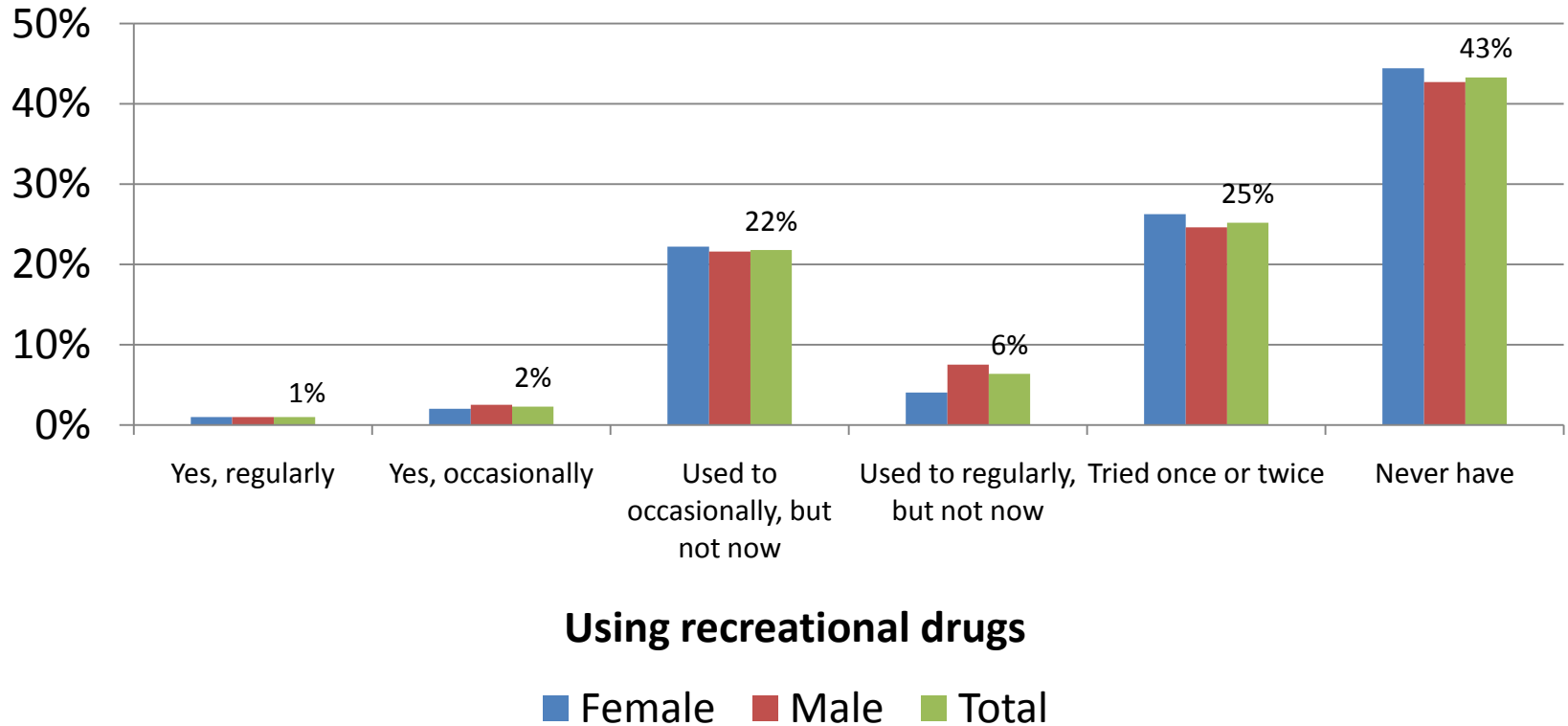
- Three-quarters have never smoked. 9 out of 10 don't now.

Our Lifestyles



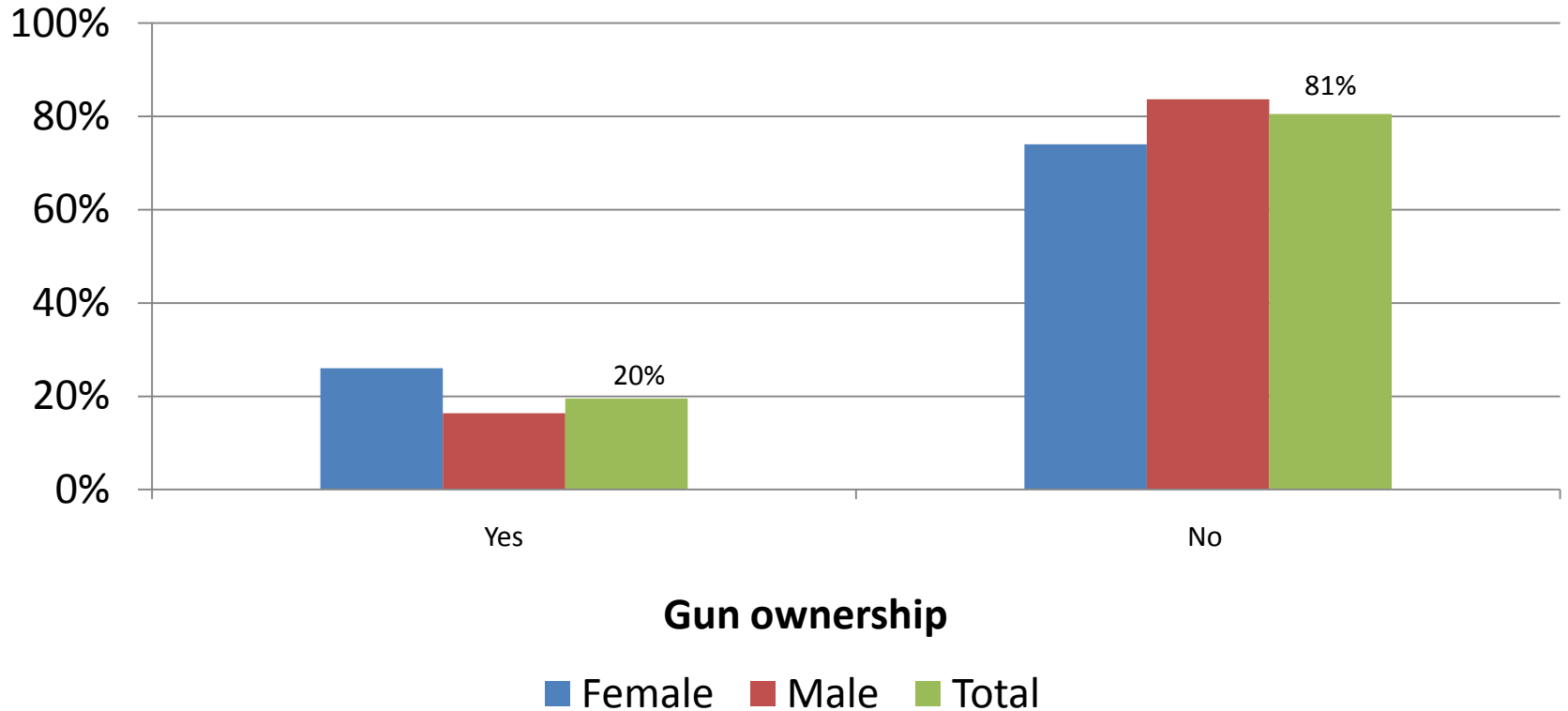
- Having 1-5 drinks per week is most common.

Our Lifestyles



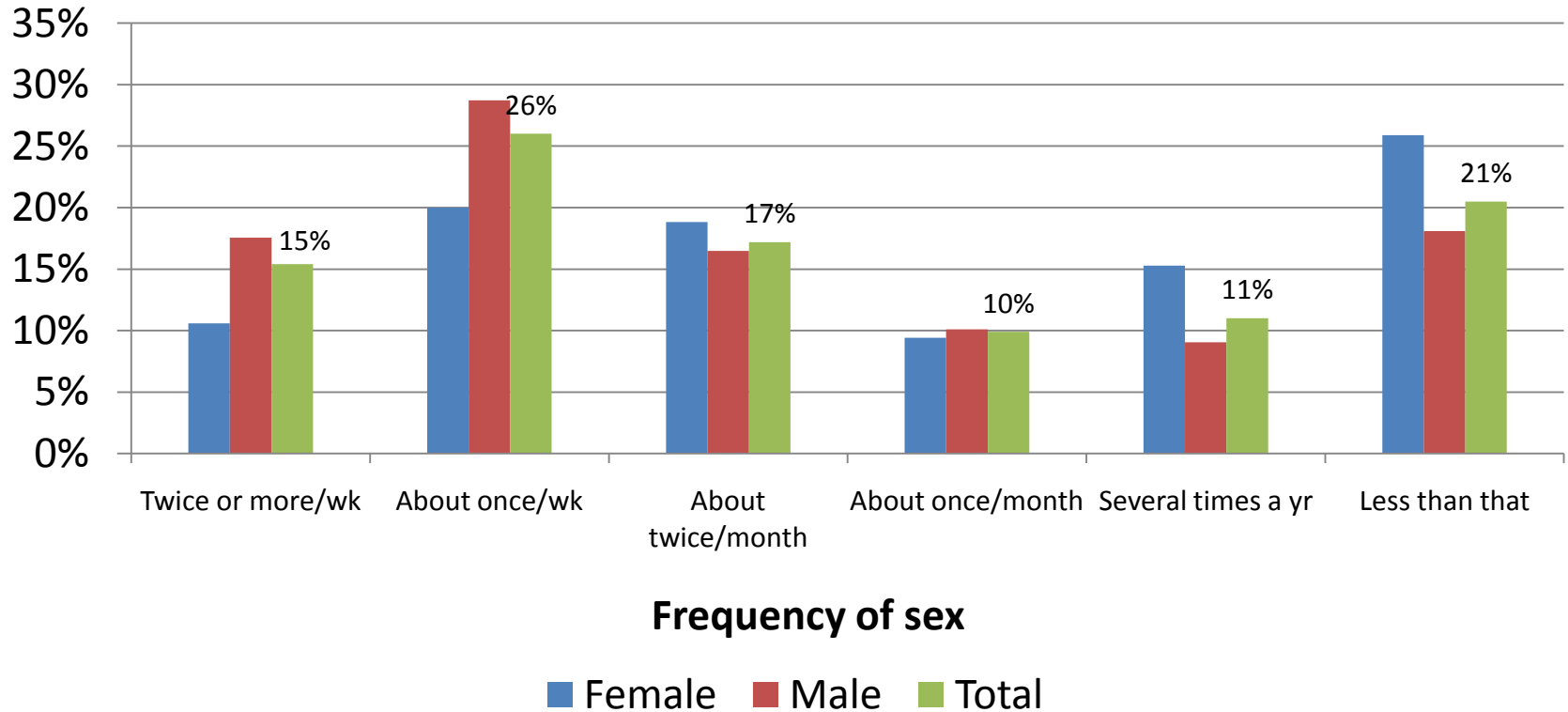
- Drug use is rare now and for 2 out of 3 it always has been rare.

Our Lifestyles



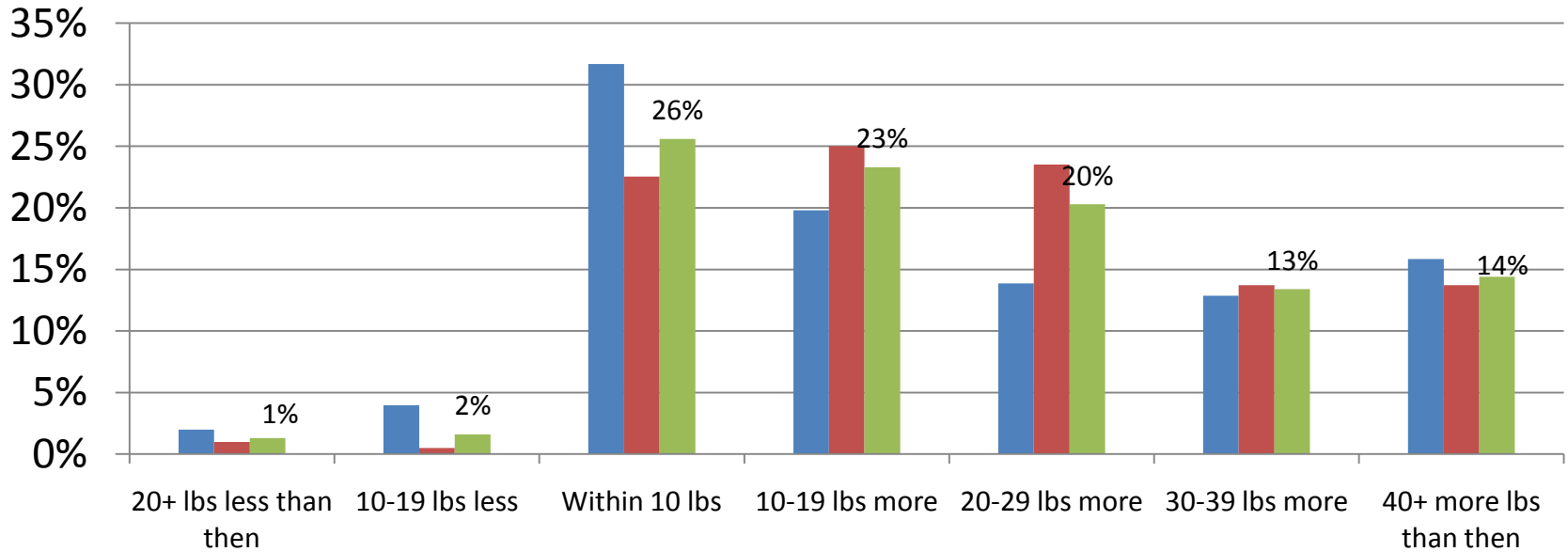
- 2 out of 10 have a gun in their household.

Our Lifestyles



- There is a wide range of sexual frequency. About once a week is most common, the response from one out of 4 respondents.

Our Lifestyles



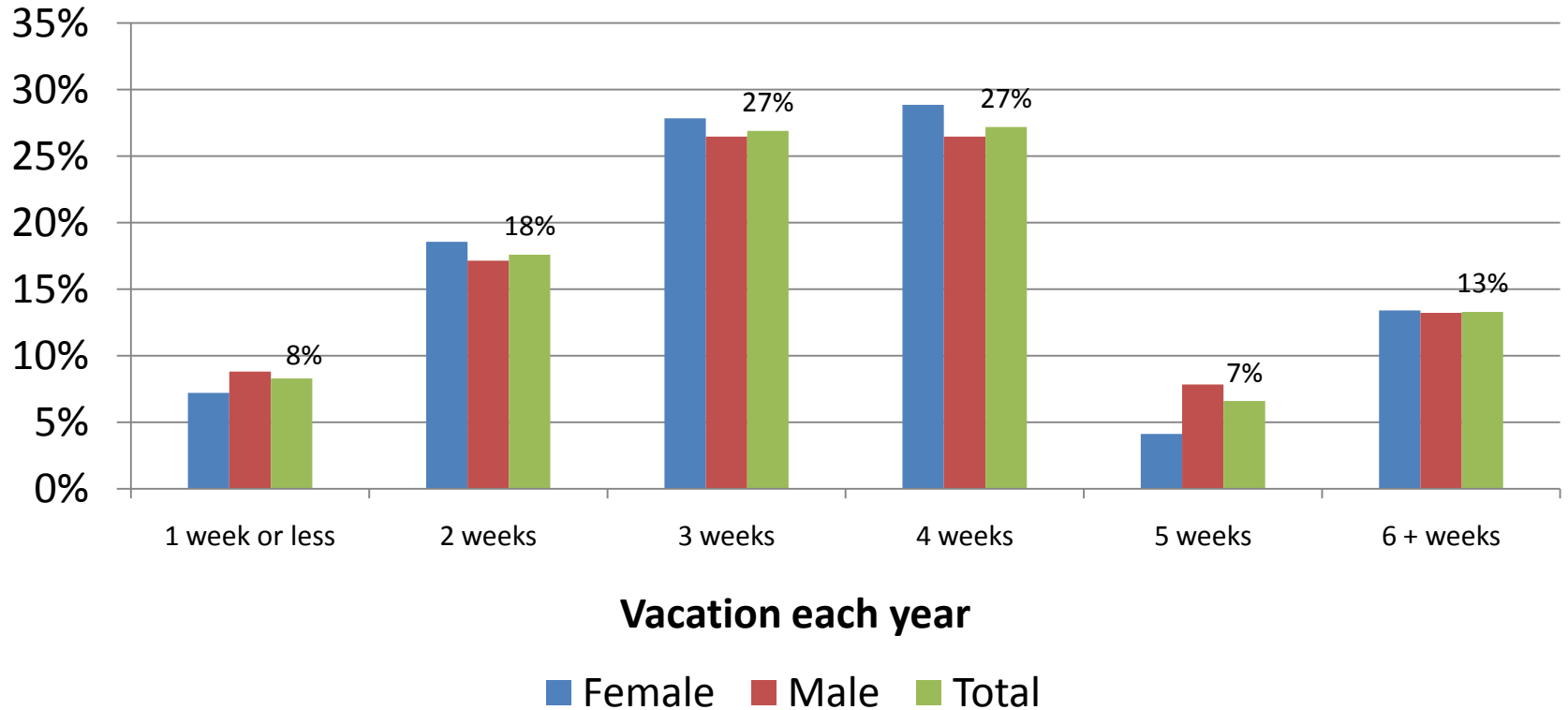
Weight compared to when at Princeton

■ Female ■ Male ■ Total

- Most weigh more than when at Princeton, but one-quarter are close to their college weight.

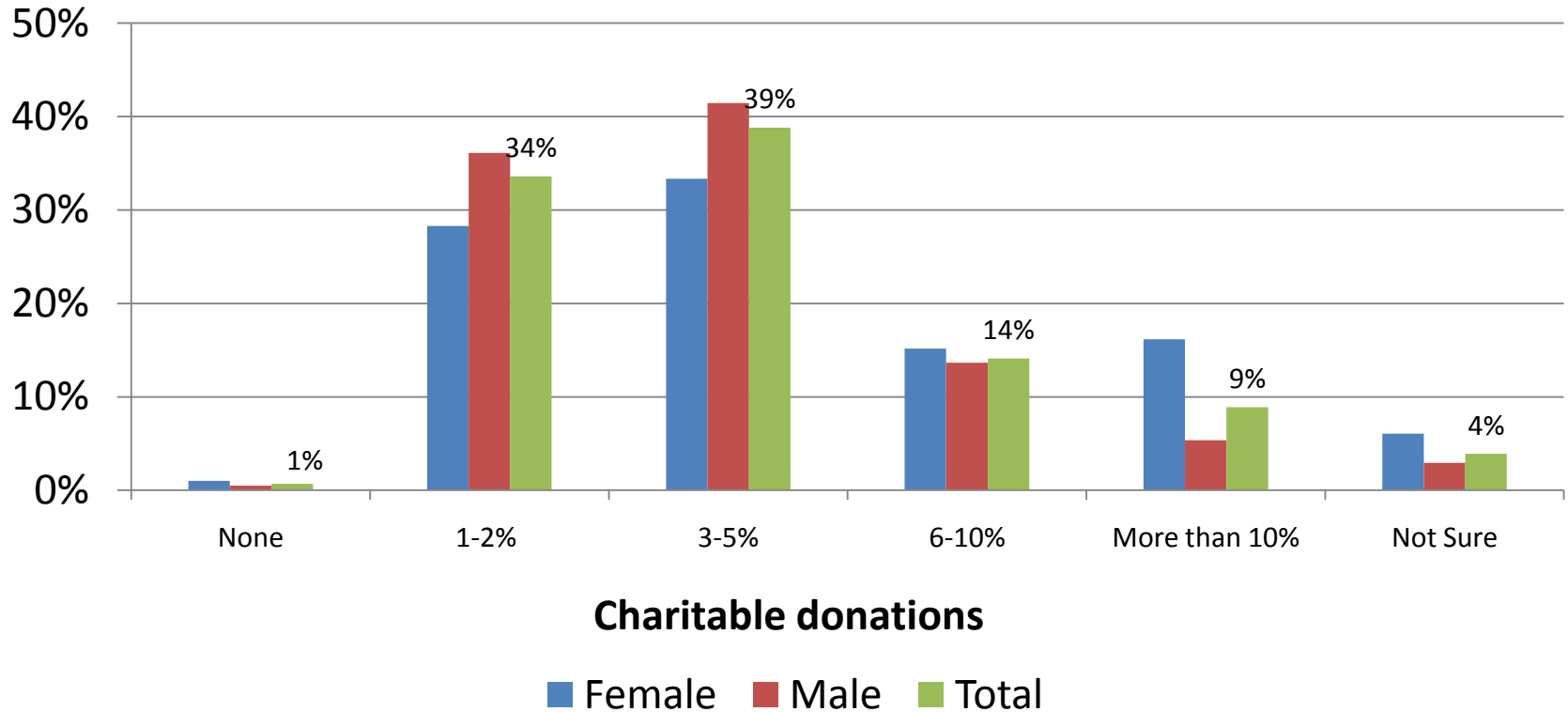


Our Lifestyles



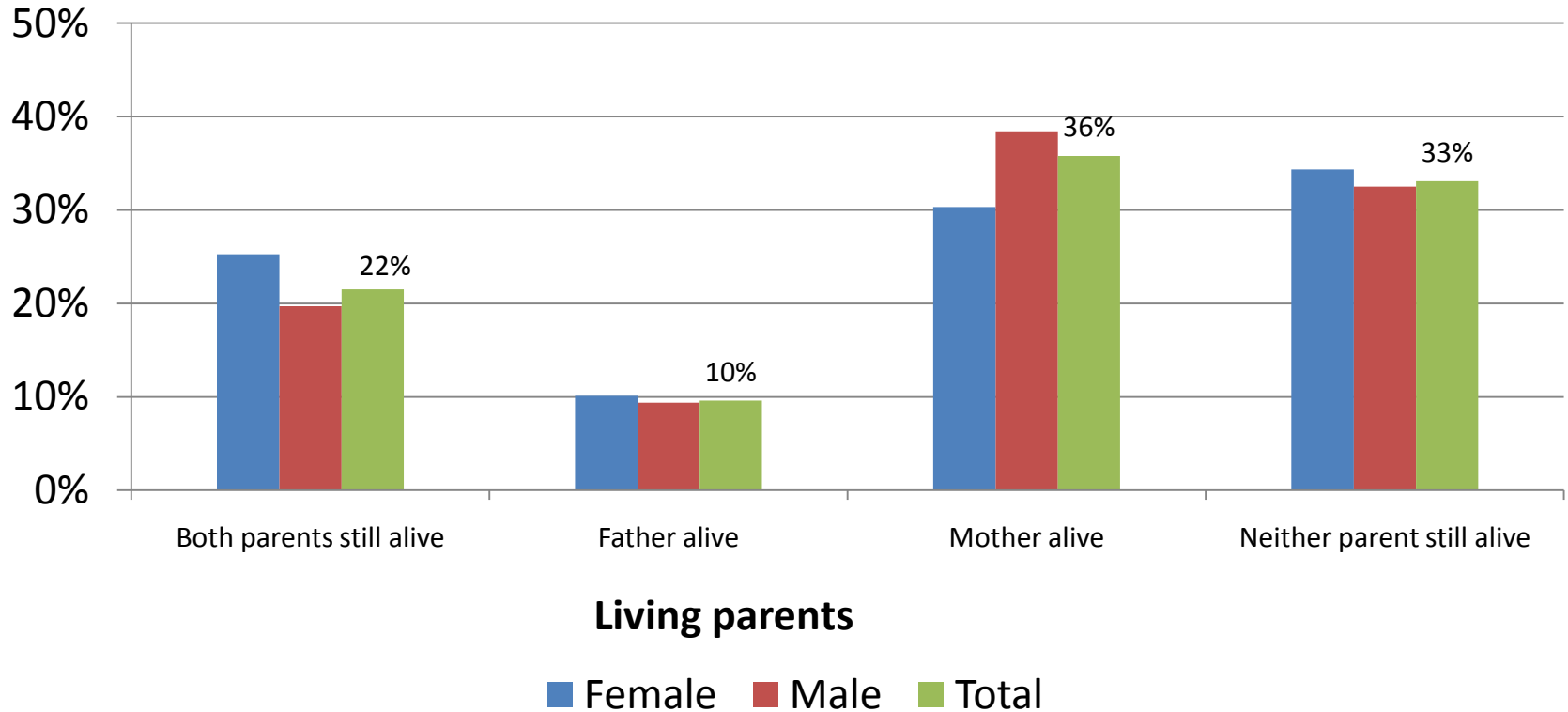
- Most class members take 3 -4 weeks of vacation each year.

Our Lifestyles



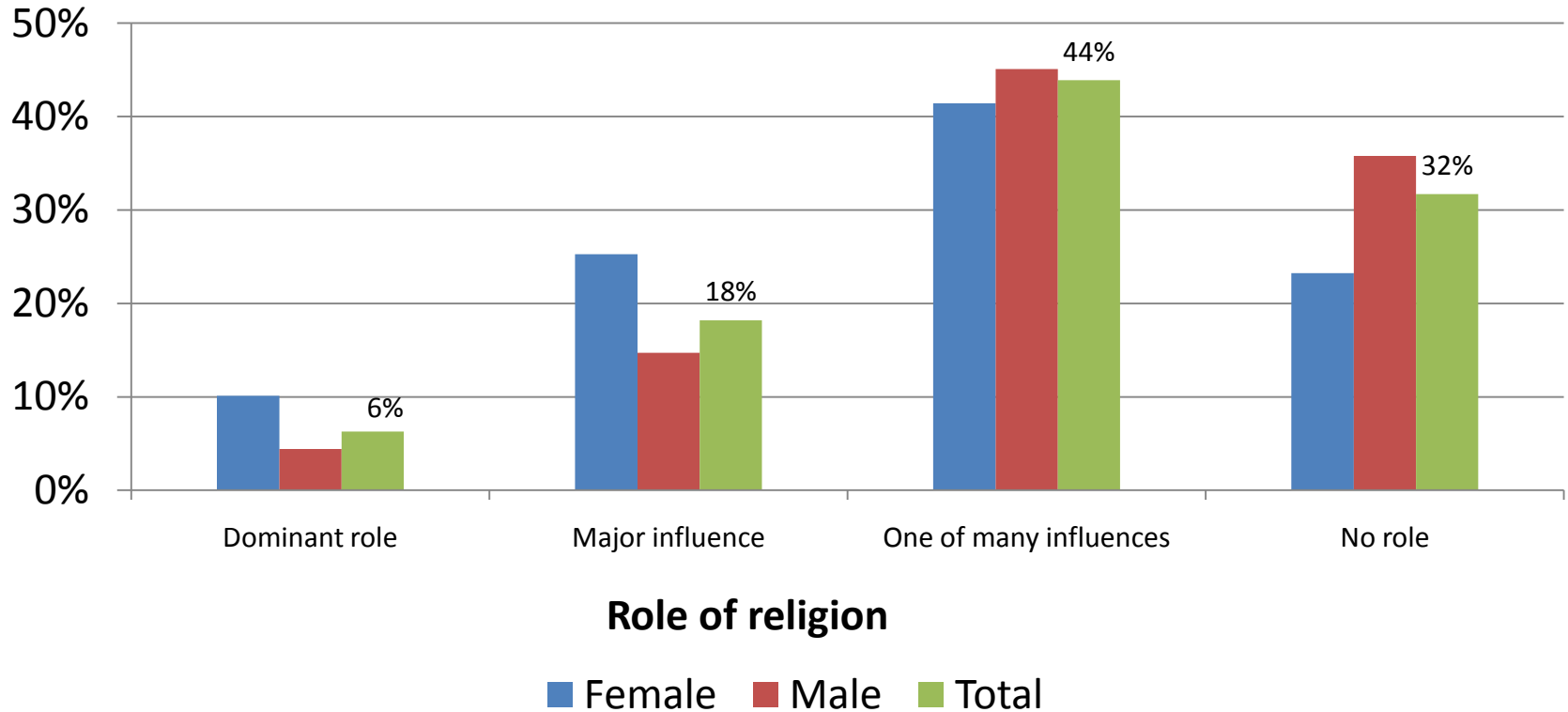
- 3 out of 4 give 5% or less of household income to charitable organizations.

Our Lifestyles



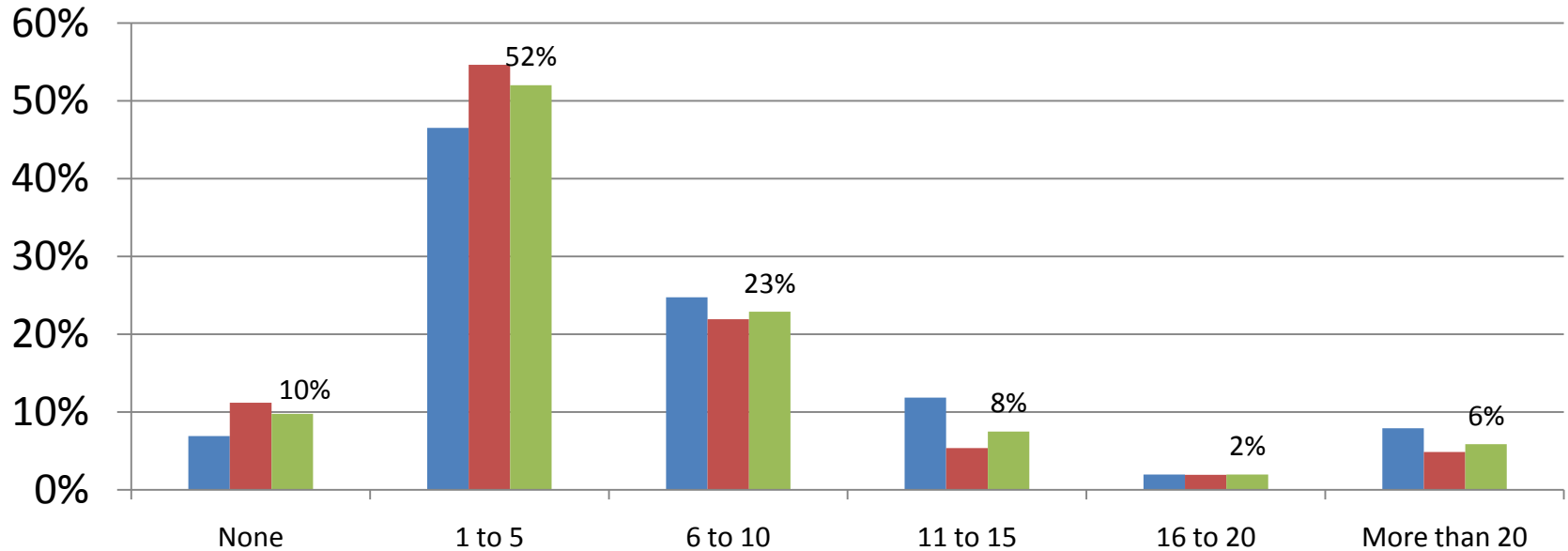
- One-third have lost both parents. Another third still have their mother but not father.

Our Lifestyles



- Religion has no role in the lives of one-third of the class.

Our Lifestyles

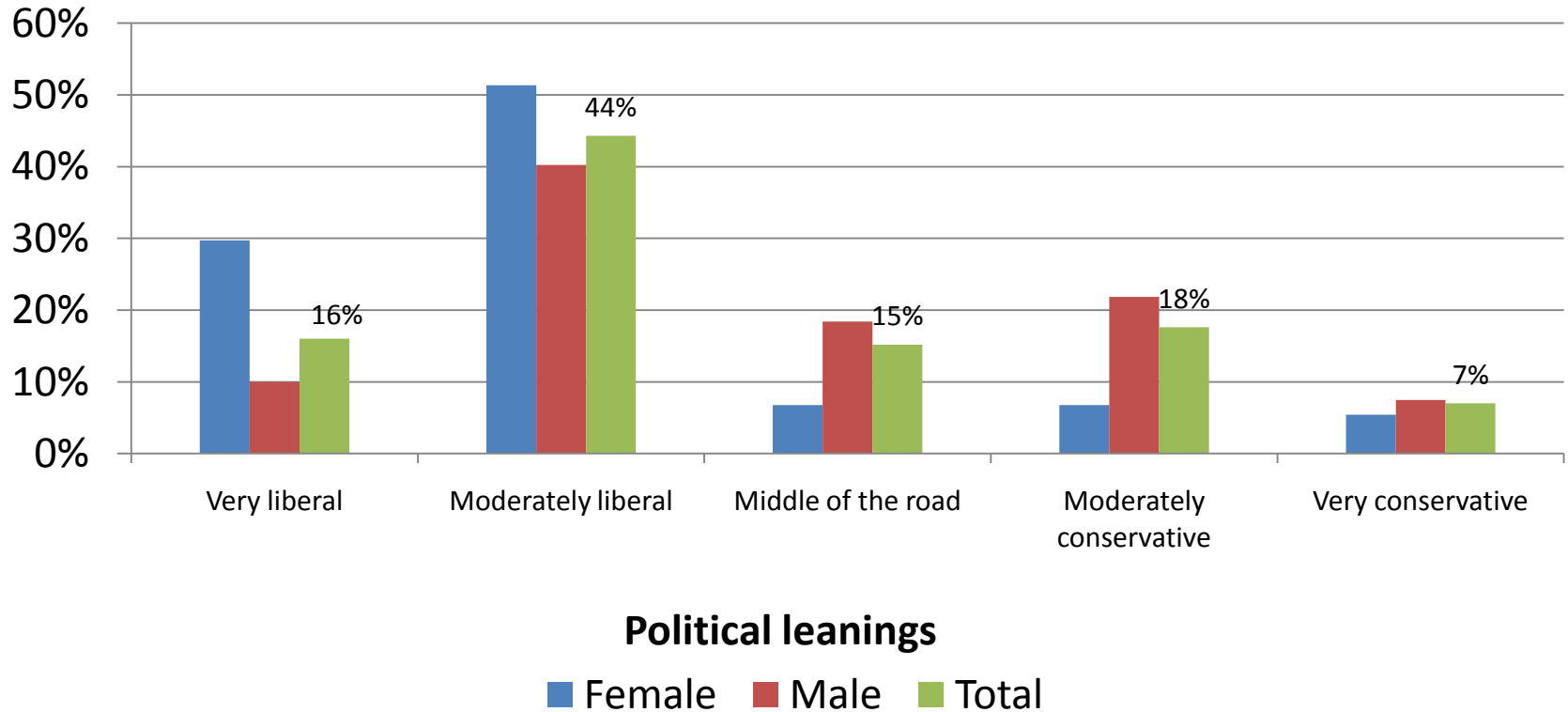


Staying in touch with friends from Princeton

■ Female ■ Male ■ Total

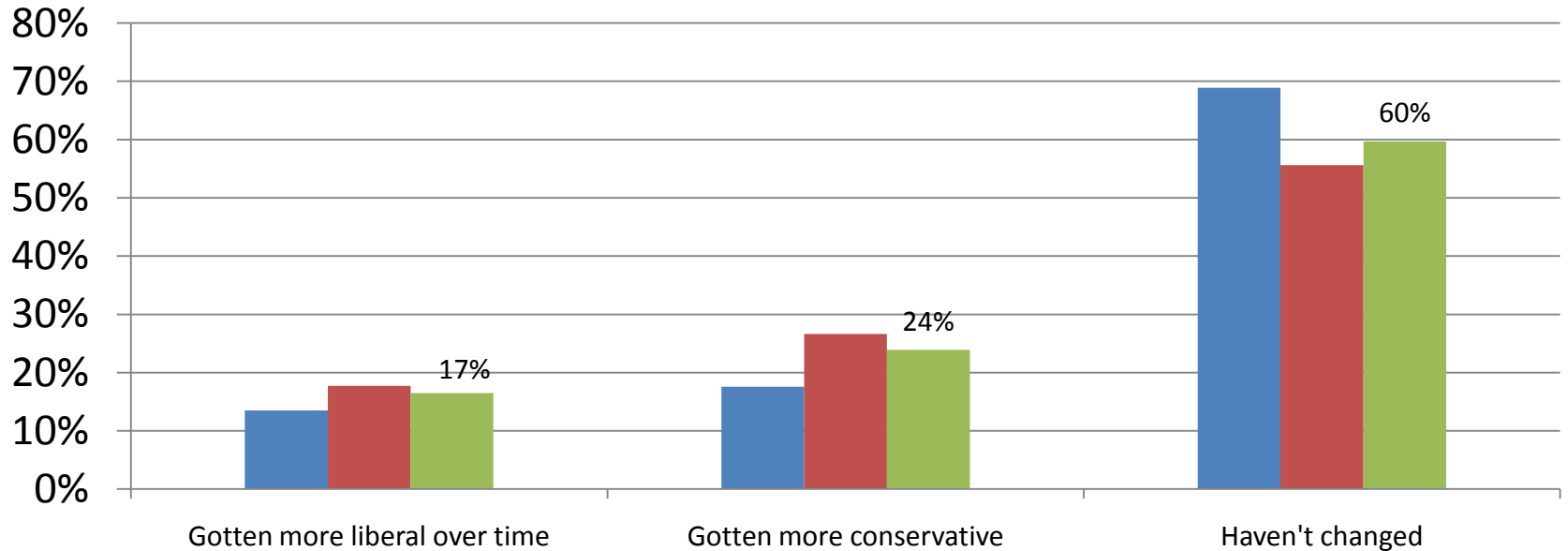
- Most stay in touch with friends from Princeton. Over half stay in touch with 1 to 5 people.

Our Lifestyles



- 6 out of 10 describe themselves as politically liberal, especially the females.

Our Lifestyles



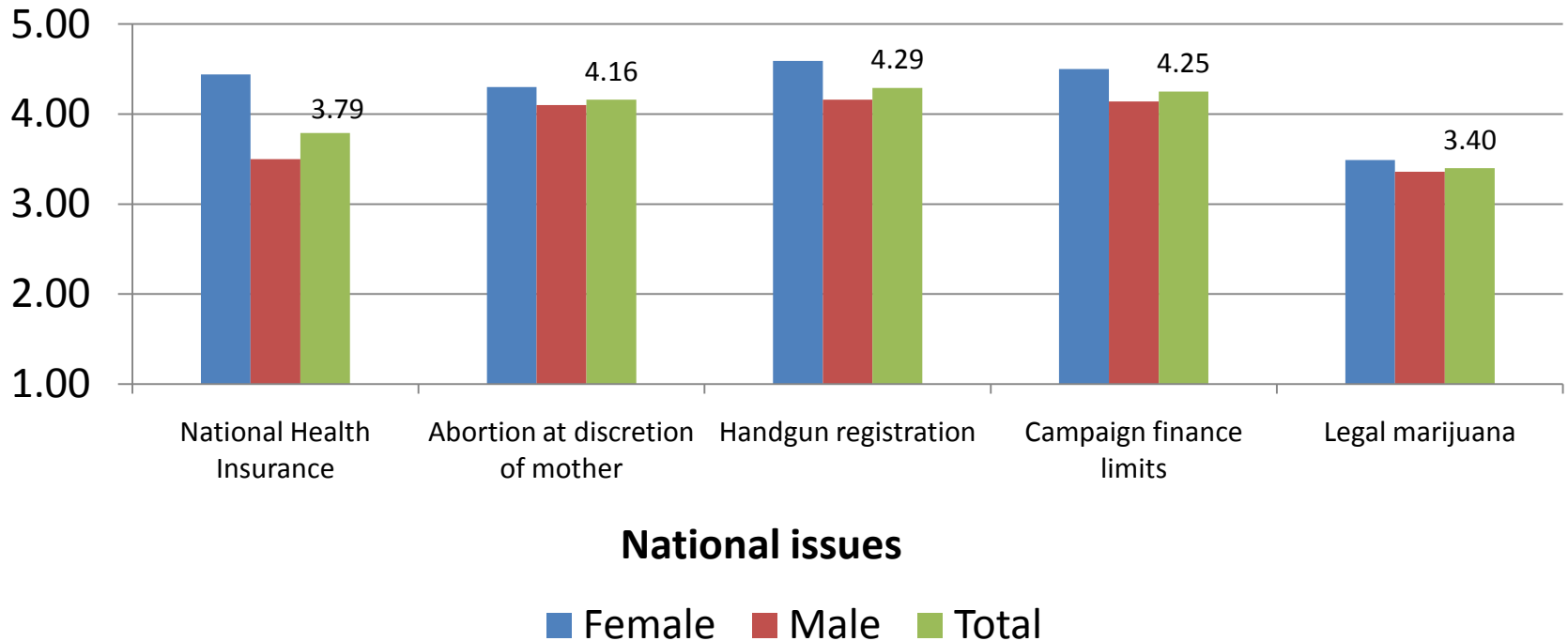
Political leanings change over time

■ Female ■ Male ■ Total

- 6 out of 10 say their political leanings have not changed.

Our Lifestyles

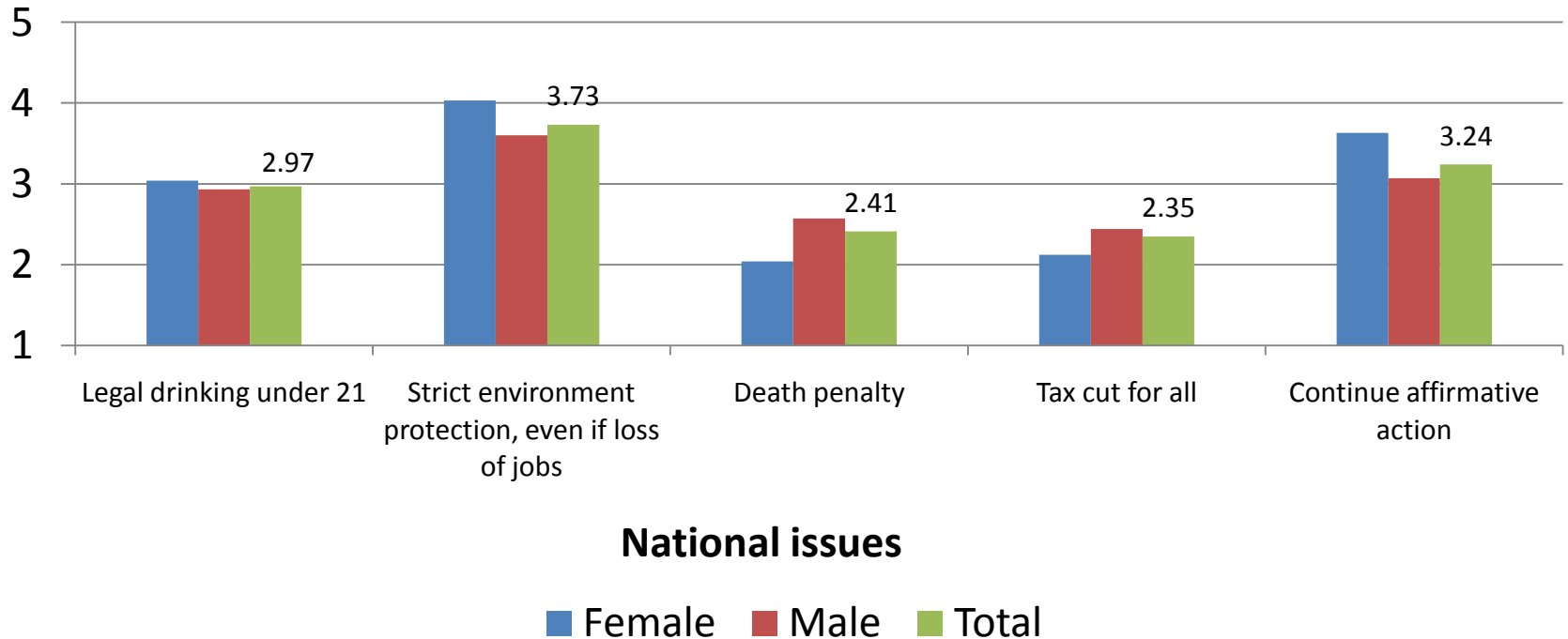
Attitudes toward national issues where 1 = strongly oppose, 2 = somewhat oppose; 3 = neutral, 4 = somewhat favor, and 5 = strongly favor



- The liberal leanings are evident on specific issues.

Our Lifestyles

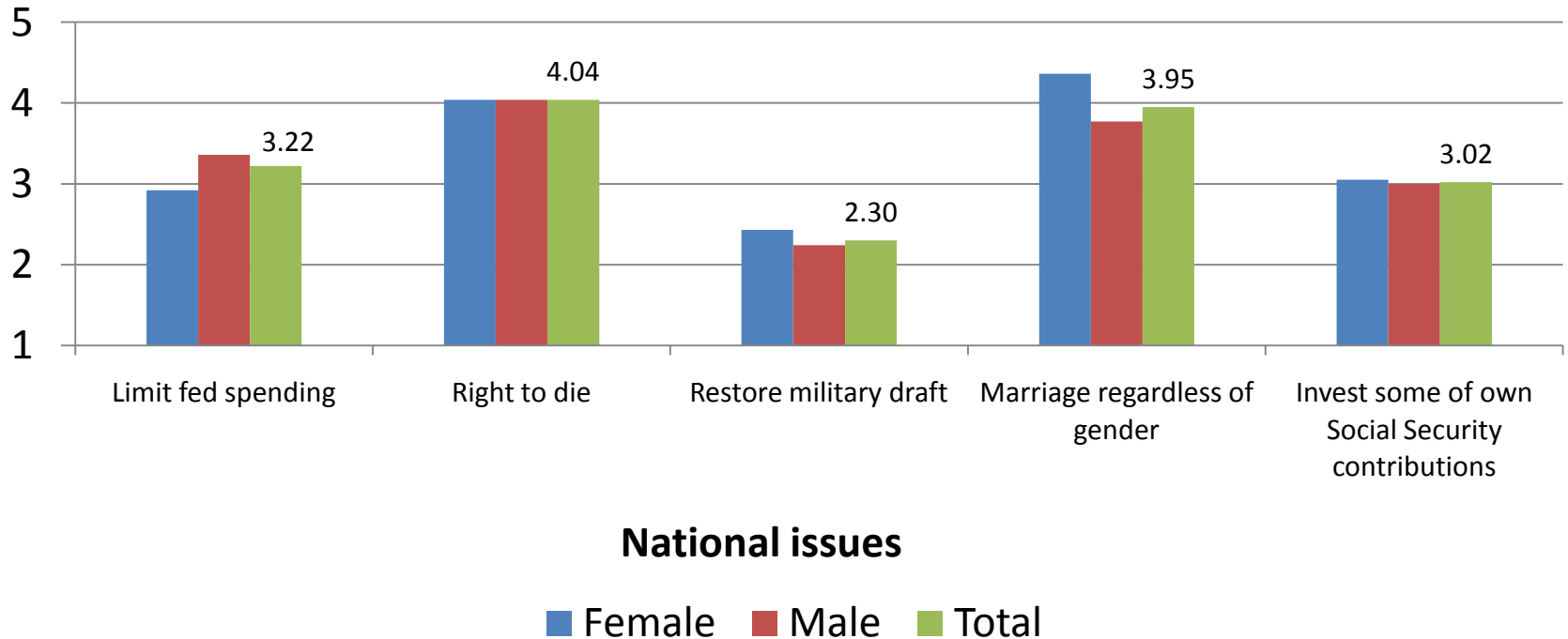
Attitudes toward national issues where 1 = strongly oppose, 2 = somewhat oppose; 3 = neutral, 4 = somewhat favor, and 5 = strongly favor



- The liberal leanings are evident on specific issues.

Our Lifestyles

Attitudes toward national issues where 1 = strongly oppose, 2 = somewhat oppose; 3 = neutral, 4 = somewhat favor, and 5 = strongly favor



- The liberal leanings are evident on specific issues.

Dealing with Aging

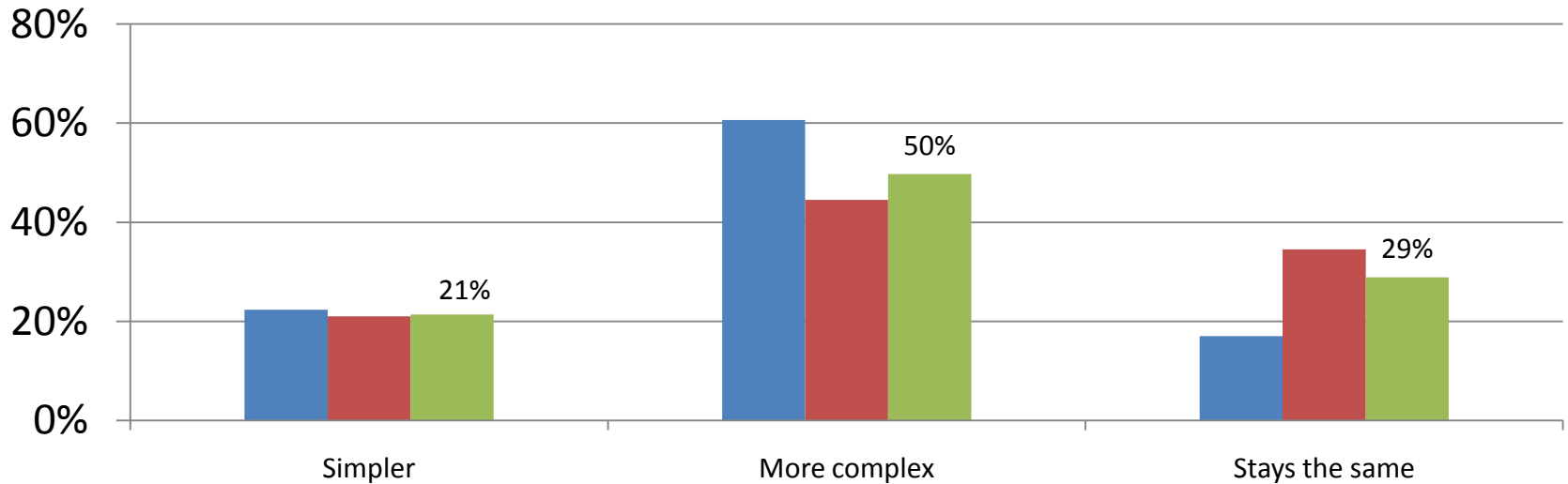
Which of the following have you done?

More than one response allowed

	Females	Males	Total
Had plastic surgery	14%	1%	7%
Had several plastic surgeries	3	0	1
Used Botox	9	0	4
Used Viagra or equivalent	0	34	19
Done something to increase libido	3	9	6
Dyed hair for fun	31	9	19
Dyed hair for necessity	53	7	23
Had laser eye surgery	7	17	13
Worn a hairpiece	3	0	1
Gone on Atkins/South Beach or similar diet	41	31	36
Had weight loss surgery	0	0	0
Done something else to preserve youth	16	23	20



Dealing with Aging



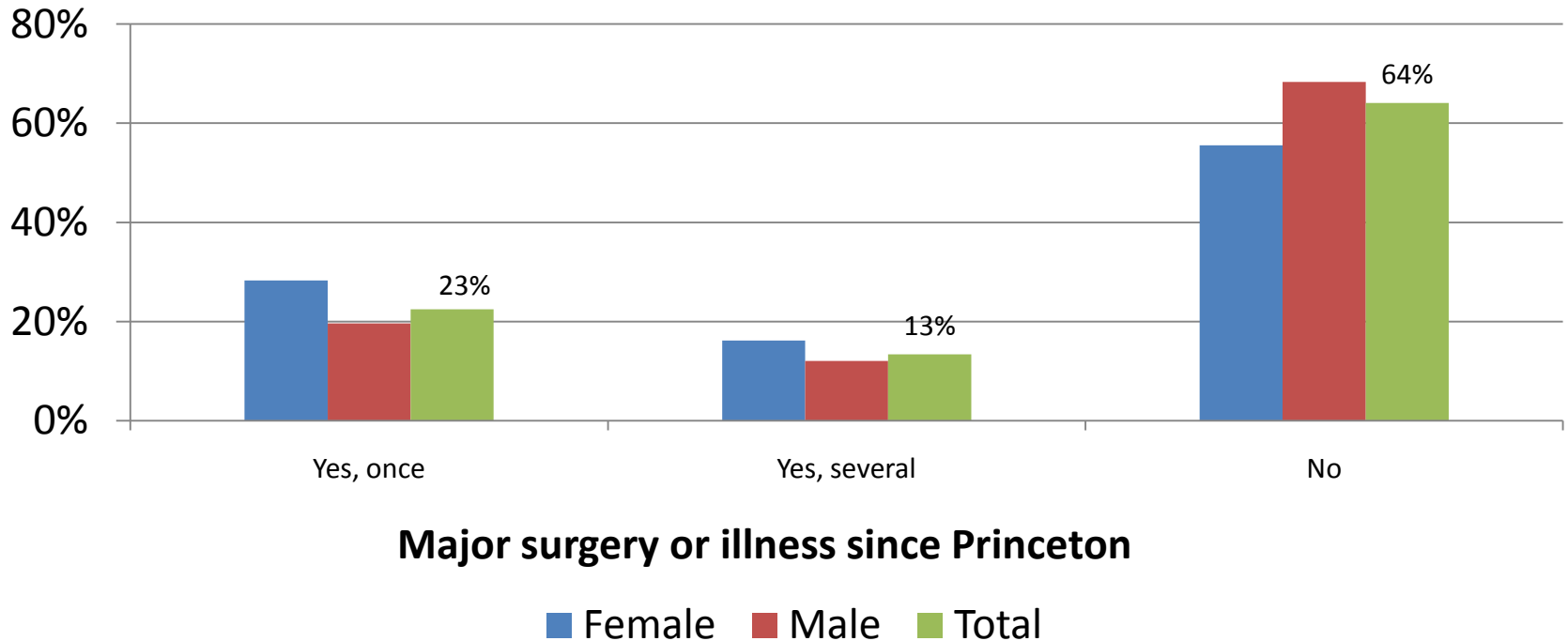
As we get older, life gets...

■ Female ■ Male ■ Total

- Half feel that life is getting more complex.
- See comments in Appendix page 40.

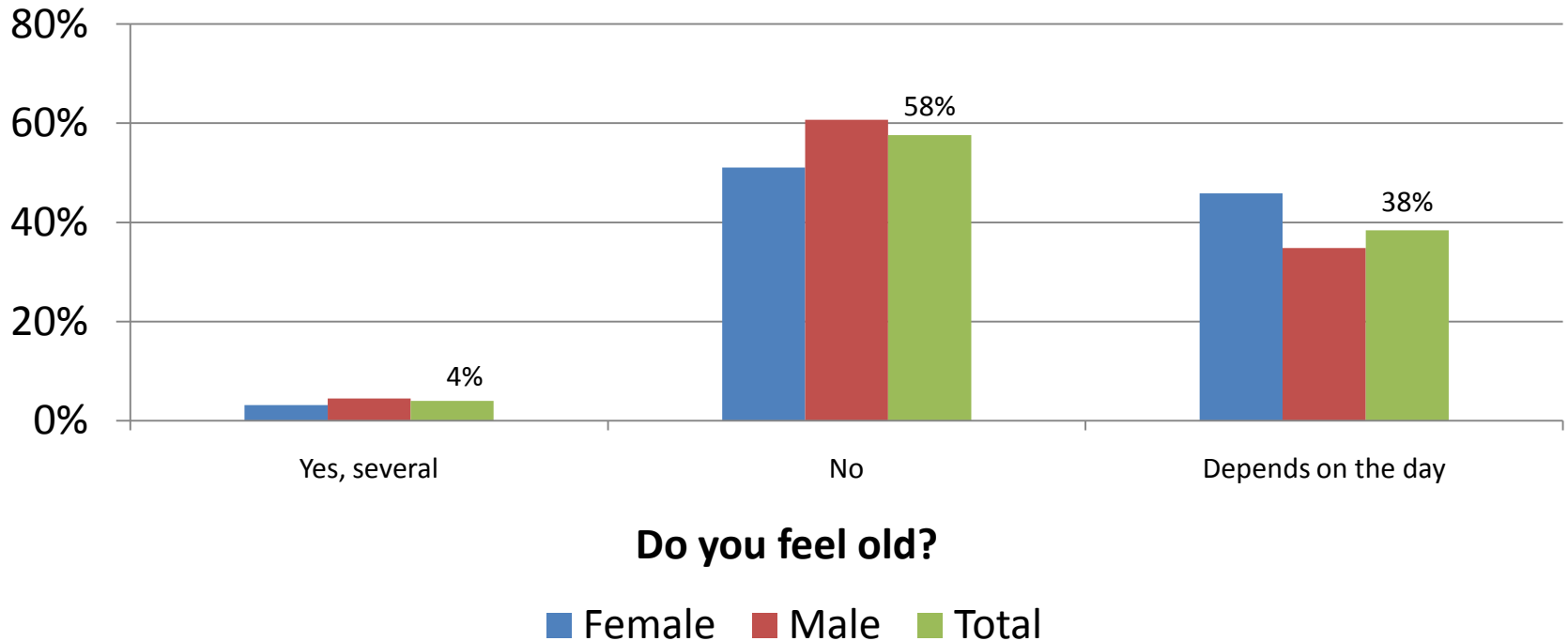


Dealing with Aging



- One-third have had a major surgery or illness.

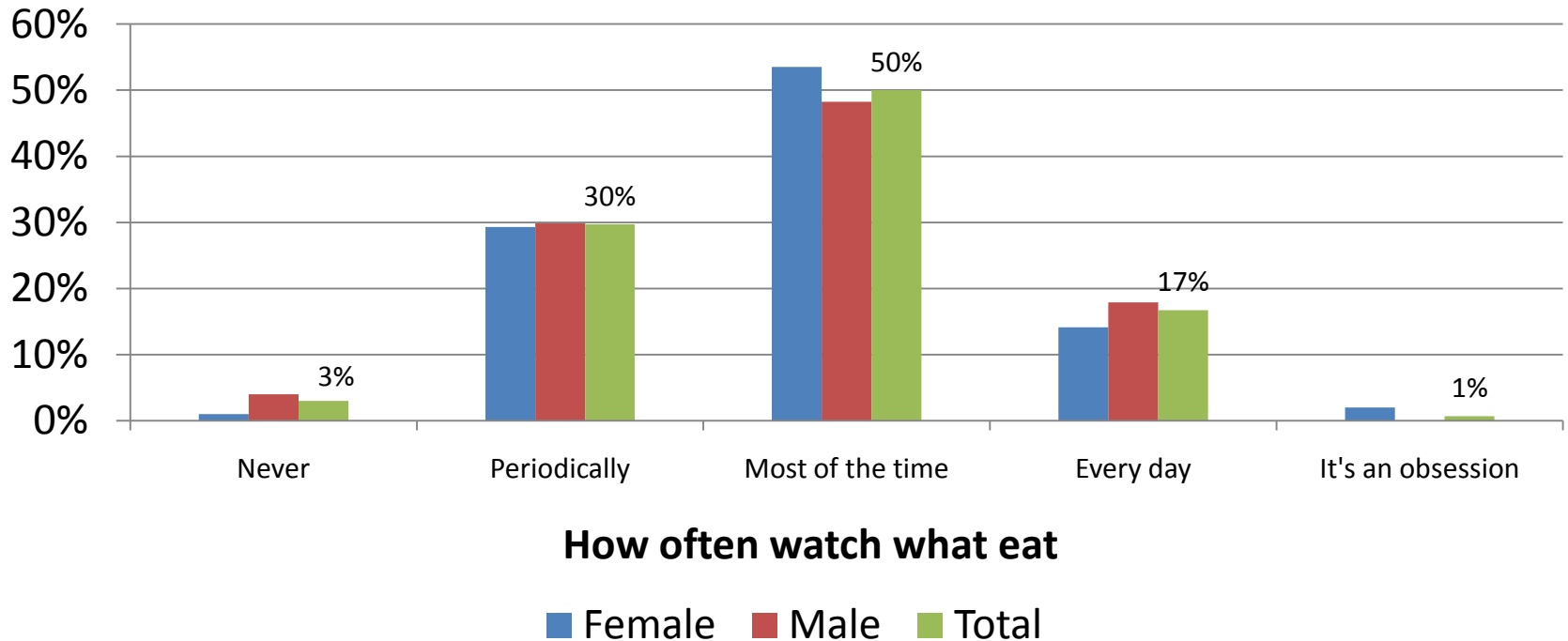
Dealing with Aging



- Almost 6 out of 10 say they do not feel old.
- See comments in Appendix page 42.

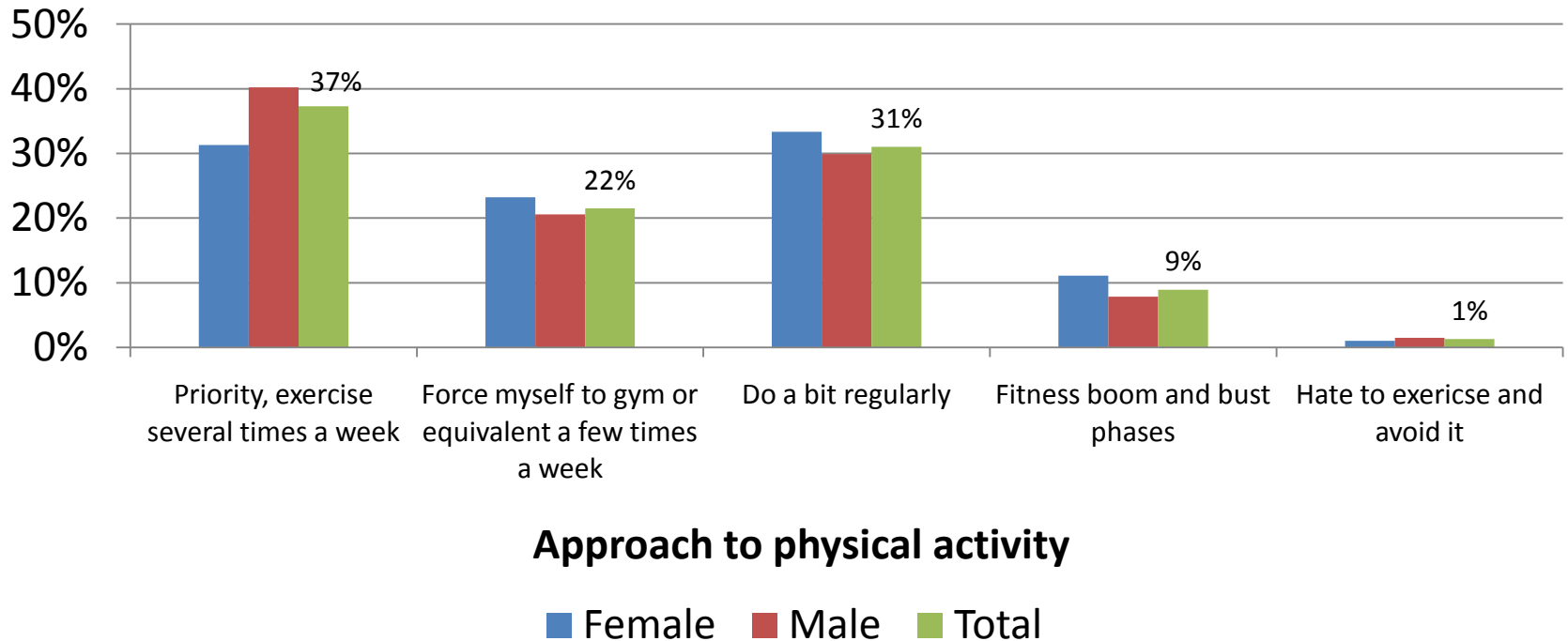


Dealing with Aging



- Most watch what they eat most of the time.

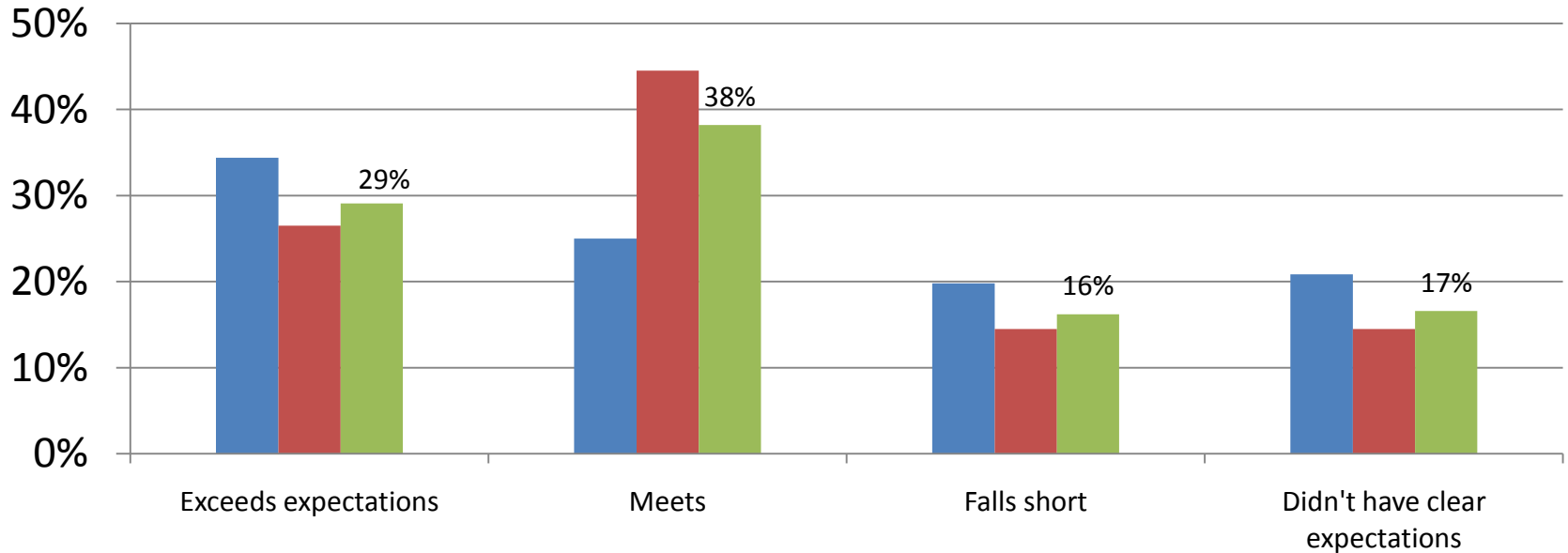
Dealing with Aging



- Over one-third make exercise a priority.



Dealing with Aging



Personal life compared to expectations at graduation

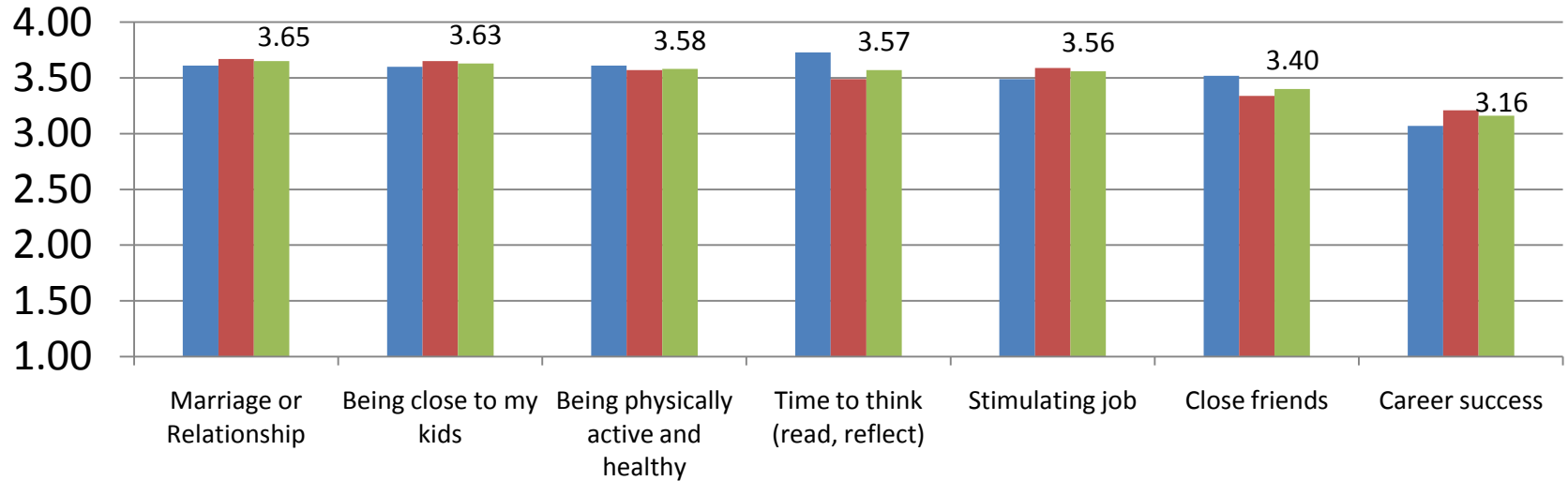
■ Female ■ Male ■ Total

- Our personal lives generally meet or exceed the expectations we had at graduation.



Dealing with Aging

Importance where 1 = not important, 2 =Nice to have; 3 = Somewhat important, and 4 =Very important



Important factors in life

■ Female ■ Male ■ Total

- Marriage is the most important factor in life, but several other items are close in importance.

Dealing with Aging

Importance where 1 = not important, 2 =Nice to have; 3 = Somewhat important, and 4 =Very important



Important factors in life

■ Female ■ Male ■ Total

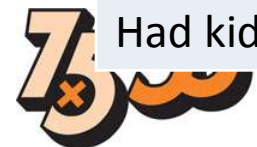
- Having lots of money ranks well below family and friends.

Dealing with Aging

What would you do differently from the last 35 years?

More than one response allowed

	Females	Males	Total
Saved more	40%	39%	39%
Taken more time off work	35	28	30
Had more kids	35	15	21
Chosen a different profession	21	20	20
Had kids earlier	21	18	19
Married later	9	13	12
Married earlier	8	8	8
Borrowed less	11	7	8
Stood up more to my bosses	12	5	8
Had more therapy	8	5	6
Been nicer to my bosses	4	3	3
Had kids later	0	4	3



Words of Wisdom

- Be flexible
 - Follow your passion
 - Trust your instincts
 - Family and friends matter
-
- See all comments in Appendix page 49

Conclusion

- The Class of 1975 is leading a good life. Almost all have a higher education degree. Most are married and have been for decades. Most have children and are starting to get grandchildren. Most say they have met or exceeded their personal and career expectations. And they don't yet feel old, or at least not every day.

